VANCOUVER metro®

NEWS WORTH SHARING.

WagJag.com

Proudly Canadian

Sign up Online

AND START SAVING, TODAY!

Buy Online:

69% off **$39**

A SET OF QUEEN- OR KING-SIZED BED SHEETS FROM **MATTRESSDIRECT.CA**

Buy Online:

52% off **$12**

INK AND TONER CARTRIDGES AT **123TONERANDINK.COM** (2 OPTIONS)

Follow us: @wagjag facebook.com/wagjag

Don't miss these, and other great deals!

Visit WagJag.com

SHOPPERS DRUG MART
SEE WHAT'S NEW... CHECK OUT OUR LATEST OFFER ON PAGE 20

VANCOUVER metro®

NEWS WORTH SHARING.

Canucks for life? Sedin bros. are banking on it

Twins, Canucks management eager to work out contract extensions PAGE 35

Income disparity starker in city

StatsCan survey finds greater proportion of very rich and very poor in Vancouver compared to rest of B.C., Canada PAGE 3

Let our dogs run free: Mount Pleasant owners

Residents lamenting lack of off-leash space for their pets PAGE 5

BAD WAS NEVER SO GOOD

BREAKING BAD'S THE HOTTEST COMMODITY ON TV THESE DAYS — AND TICKETS TO SEE SHOW CREATOR VINCE GILLIGAN AT VIFF ARE EVEN HOTTER PAGE 15

BC Hydro's downtown Vancouver office is seen Wednesday. A leaked report forecasts rates jumping by an astounding 26 per cent. SAM SMITH/FOR METRO

Suggested 26% hydro hike won't be OK'd: Liberals

Leaked document. Final number for rate increases ought to be 'substantially lower,' says energy minister

Premier Christy Clark and Energy Minister Bill Bennett are trying to lessen the shock of possible BC Hydro rate hikes connected to a leaked report.

Clark and Bennett said Wednesday they will not approve 26 per cent increases over two years, even though the double-digit number is contained in a recent BC Hydro report that outlines the use of rate hikes to generate up to $1 billion in extra revenue to cover costs for capital projects.

The Opposition New Democrats accused the Liberals of playing politics with hydro rates — downplaying the extent of possible rate hikes before and during the election, while knowing the Crown corporation faces huge financial burdens.

"The consequences for the economy are profound," said NDP energy critic John Horgan. "The consequences for individuals are staggering. What I've seen of the (BC Hydro) material tells me hydro doesn't have a lot of room to move."

The New Democrats said a 26 per cent rate increase adds $273 to the average annual residential bill.

But Clark said while a hike that high won't be approved, some sort of increase is needed to make improvements.

"We do have to renew the infrastructure," she said. "This generation is going to have to figure out how we're going to renew them."

Bennett said the leaked documents represented the first meeting of an internal BC Hydro committee that is looking to build projects, raise revenues and cut costs. Bennett said members have met four times since, but they have yet to come up with a final number when it comes to rate increases.

He said the final number must be lower than 26 per cent.

"I will not accept 26 per cent," he said. "It has to be lower than that. I'd like it to be substantially lower than that, I can say that much."

The 26-page document, leaked by the Canadian Office and Professional Employees Union, Local 378, details an Aug. 23 meeting of a BC Hydro group. THE CANADIAN PRESS

No blackouts or restrictions. Just travel freedom.

Apply now for the Scotiabank®* Gold American Express® Card.

scotiabank.com/travelfreedom

You're richer than you think.™*

Scotiabank®*

®* Registered trademarks of The Bank of Nova Scotia. ® American Express is a registered trademark of American Express. This credit card program is issued and administered by the Bank of Nova Scotia under license from American Express.

IORIO CLASSIC ENGAGEMENT RING

IORIO
FINE JEWELLERY

GIA CERTIFIED DIAMONDS | FINE JEWELLERY | CUSTOM DESIGNS | WATCHES | REPAIRS

Available Exclusively At J&M Jewellery.

J&M JEWELLERY

Voted #1 JEWELLERY STORE in the 2011 and 2012 Reader's Choice Awards, Stars of Vancouver!

VANCOUVER SHOWROOM 127 E. Broadway, Vancouver, BC V5T 1W1 • (604) 876-7181
Plenty of FREE PARKING underneath our Vancouver store, entrance off 8th Avenue.

METROTOWN CENTRE 348 - 4800 Kingsway, Burnaby, BC V5H 4J2 • (604) 439-0753

IORIO.COM

Consumer's Choice Award Winner BEST LOCAL JEWELLER for 10 Years in a Row!

Man fled after incident

16-year-old killed in hit-and-run

A manhunt was still underway Wednesday for the driver accused of running over and killing a 16-year-old girl in Coquitlam.

According to Coquitlam RCMP, the girl was struck by a large black Ford F150 truck on the corner of Mary Hill Road and Pitt River Road Tuesday afternoon.

The driver, described as an older Caucasian male, allegedly fled after striking the girl.

Police received the call at 3:43 p.m. and arrived to find the young victim unconscious. She died from her injuries later that night.

"This tragedy has affected everyone in this community," said Cpl. Jamie Chung. "A young girl had lost her life and it doesn't get much worse than this."

METRO

Aquilini divorce finalized

Does this impact the Canucks?

Vancouver Canucks co-owner Francesco Aquilini and his estranged wife formalized their divorce Wednesday.

Lawyers for Francesco and Tali'ah Aquilini announced a last-minute settlement earlier this week just as a high-profile divorce trial was set to begin.

"Unfortunately, I had no choice but to ask for a divorce," said Tali'ah, standing beside her lawyers.

Tali'ah accused Francesco of adultery and sought to bring that evidence into the trial, but the judge ruled such allegations would not be heard.

"Circumstances came to light that weren't conducive to marriage," she told reporters.

Lawyers involved in the case said the agreement does not affect the ownership of the Canucks.

THE CANADIAN PRESS

Disparity in VanCity

Vancouver. Home to more rich, more poor and fewer in the middle

EMILY JACKSON
emily.jackson@metronews.ca

A couple eats dinner while taking in the view of downtown from southeast False Creek during Earth Hour in Vancouver on March 26, 2011. DARRYL DYCK/THE CANADIAN PRESS

Vancouver, the city of unrelenting real-estate prices, is home to a higher proportion of the very rich and the very poor when compared to both British Columbia and Canada.

Canadians had to make more than $191,150 to occupy the top one per cent of earners, but 1.2 per cent of Vancouverites surpassed that level (that's more than 23,000 high rollers).

On the opposite end of the spectrum, 28.5 per cent of residents earned no income or less than $12,025 compared to 25 per cent nationally.

The census metropolitan area statistics on income and housing were released Wednesday as part of Statistics Canada's National Housing Survey that analyzed the 2010 income of Canadians over 15.

The data won't surprise anyone who has witnessed the disparity while walking the few blocks from the Downtown Eastside, where street drug deals are commonplace, past the trendy Gastown bars, whose pricey appies are the subject of gentrification debates, to Coal Harbour, where Donald Trump is building a luxury tower to rival the Shangri-La.

Nor will it come as a shock that Vancouver ranked last when it comes to affordable housing, defined as spending less than 30 per cent of total income on shelter. More than one third of Vancouverites (33.5 per cent) spent above that threshold.

At 17.4 per cent, Vancouver also had a slightly higher number of people considered low-income than in B.C. and Canada.

The median employment income was $50,016 for people who worked full-year, full-time.

As for B.C.'s richest folks, judges ruled more than the courts with the top median employment income of $232,171.

The dubious title of the least lucrative career fell to fishing vessel deckhands at $6,015. Musicians, artists, singers, actors, comedians and home childcare providers didn't fare well, either, with median incomes hovering around $16,000.

Abbotsford homeless being evicted

Abbotsford's homeless are being given the boot.

The City of Abbotsford posted up an eviction notice at the Gladys Street homeless camp — the site of several high-profile clashes between the homeless and city this summer — citing health and safety concerns.

Residents of the camp have until Thursday to pick up and clear out.

Abbotsford Mayor Bruce Banman says he's met with all of the city's groups working with the camp and everyone collectively agrees it's become too toxic a place for someone to live.

"People's health and safety have to come first," he said. "You can't allow someone to pitch up a tent in the middle of the freeway, or in the middle of a construction zone, or in a ton of other areas where they would be putting themselves in peril."

He emphasized it was not just the city who came up with this idea, but it has to be done.

Homeless advocate Ward Draper agrees the city's health and safety concerns are valid, but could not endorse the eviction.

"If you're being constantly moved around then where is the focus?" Draper said. "All you're doing is causing these people to live in anxiety, fear and stress."

City staff and a representative from the Abbotsford Police will be heading down Thursday at 8 a.m. to make sure the spot is abandoned.

Banman is hoping no one will be resistant to the move, but if it happens he said they will deal with it then.

"I don't think you'll be seeing us dragging people away," he said. "We're going to find a peaceful solution."

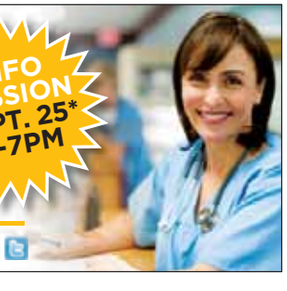
SAM SMITH/FOR METRO

Canadian Health Care Academy

All registrants for the OCTOBER 7 NURSING UNIT CLERK & WEEKLY HEALTH CARE ASSISTANT PROGRAMS WILL RECEIVE A $1000 SCHOLARSHIP!!

Call now to speak with an admissions representative.
*Refreshments, Door prizes & $500 tuition discounts for everyone!

INFO SESSION SEPT. 25* 4-7PM



604.540.2421 info@canadianhealthcareacademy.com www.canadianhealthcareacademy.com

BIOTHERM
Beauty
GIFT
from the deep

THIS GIFT IS YOURS WITH ANY BIOTHERM PURCHASE OF $30* OR MORE.

NEW
PREMIERING
BLUE THERAPY
NIGHT SERUM-IN-OIL
wrinkles – bounce – radiance
$75, 30 ml
ONLY AT SHOPPERS DRUG MART
UNTIL SEPTEMBER 22nd, 2013
SHOPPERS DRUG MART
*Before applicable taxes. One gift per customer while quantities last. Sample may change.

Community plan could be 'delayed significantly': Mayor

Grandview-Woodland. Roberston saying delay of controversial plan intended to get more community input

EMILY JACKSON
emily.jackson@metronews.ca

Coun. Andrea Reimer and Mayor Gregor Robertson log in to Talk Vancouver, the new website collecting public opinion about municipal politics. Robertson says it's back to the drawing board for Grandview-Woodland. EMILY JACKSON/METRO

When it comes to controversial neighbourhood plans, especially in Grandview-Woodlands, Mayor Gregor Robertson says the city has shifted gears to listen to the public.

"Certainly with Grandview-Woodland and Marpole, I've said clearly we're not going forward with the current timeline," Robertson said to reporters at a Wednesday launch event for the city's online public engagement tool, Talk Vancouver.

City council is expected to decide on Sept. 25 whether to extend the community plan, along with three other community plans underway in Marpole, the West End and the Downtown Eastside.

"I think we'll see Grandview-Woodland delayed significantly and a lot more work, back to the drawing board, to make sure that voices are heard and that we shape the plan for the long-term of that neighbourhood as best as possible," Robertson said.

Coun. Adriane Carr initially proposed a six-month extension to the Grandview-Woodland plan to "get the plan right," but council decided instead to review the timelines for all four plans.

Proposals of tall towers, which many residents who attended open houses were surprised to see for the first time in draft community plans, prompted most of the backlash.

Some residents plan to rally at city hall on Sept. 24 to express their disapproval.

Want to give city hall a piece of your mind without getting up?

For those who'd rather avoid yawn-inducing city council meetings but still want to tell the city how they really feel, Vancouver has cooked up a way to solicit opinions from the comfort of your home.

Talk Vancouver, an online platform open to anyone older than 15 who lives, works or studies in Vancouver, aims to engage people who are otherwise too busy for municipal politics, Mayor Gregor Robertson said at the platform's launch Wednesday.

"It's really about engaging people where they are," Robertson said of the simple-to-use website, designed by local tech company Vision Critical (no relation to the mayor's political party) for smartphones, tablets and computers.

It's similar to Surrey's City Speaks, which has signed up more than 1,000 members since its spring 2013 launch.

The tool comes at a time when 70 per cent of British Columbians wish it was easier to make local politicians listen to them, according to an Angus Reid survey in March.

The mayor hopes the city will hear from thousands compared to the dozens that typically show for meetings.

"Talk Vancouver gives people a chance to give city hall a fairly convenient piece of your mind," said Shachi Kurl, a vice-president at Vision Critical.

The software platform, which will cost $75,000 over a two-year contract, can conduct and analyze surveys on issues as they arise. While Vision Critical encourages the city to publish all the information, it will be up to the city to decide what to share.

The city hopes this cheeky poster will encourage Vancouverites to sign up to Talk Vancouver, an online community to engage citizens. CONTRIBUTED

All the information collected by the system will be subject to freedom of information legislation. Personal information will not be shared with anyone other than the city. EMILY JACKSON/METRO

John Furlong. Catholic diocese denies Olympic CEO abused two women

The Roman Catholic diocese that ran a school where former Vancouver Olympic CEO John Furlong once taught is denying allegations of abuse in a lawsuit filed by two women, questioning whether one of the students even attended the school.

A cloud has hung over Furlong since last fall, when the Georgia Straight newspaper published a story alleging Furlong physically and verbally abused students while teaching in Burns Lake and Prince George in the late 1960s and early 1970s.

Those allegations were amplified this past July, when Grace West and Beverly Abraham, who identified themselves as former students of Immaculata Elementary School in Burns Lake, filed separate lawsuits against Furlong alleging physical and sexual abuse.

The women's lawsuit also named the Roman Catholic archdiocese that was in charge of the school. The Roman Catholic Episcopal Corporation of Prince Rupert and the Catholic Independent Schools Diocese filed statements of defence this week, denying all of the allegations in the women's lawsuits.

One of the statements raises doubts about whether West ever went to Immaculata.

"There is no record of the plaintiff, or anyone with the birth date of the plaintiff, attending at the school during the time period," says one statement. THE CANADIAN PRESS

Furlong's response

Furlong launched a libel lawsuit against the newspaper and the reporter who wrote the initial allegations, denying he abused anyone.

- Furlong has yet to file a statement of defence against the two women, but in a court document filed in July in the libel case, he denied all of the abuse allegations levelled against him.

Dog lovers ask Park Board to just throw them a bone

Jeannie Kerr let her dog Melvin off-leash outside school hours at Mount Pleasant Elementary for years before getting hit with fines. KATE WEBB/METRO

Mount Pleasant. Lack of off-leash parks has owners running afoul of bylaw, getting fined

KATE WEBB
kate.webb@metronews.ca

Mount Pleasant dog owners are barking mad at the dearth of off-leash parks in their neighbourhood and along the dense Broadway corridor.

Martin Granatstein and his wife Jeannie Kerr had been exercising their German sheppard cross, Melvin, and their previous dog at Mount Pleasant Elementary for 11 years outside of school hours, thinking they were obeying the school's rules.

But this week they were forced to pay $500 in fines.

"The sign is sort of ambiguous," said Kerr. "They've got this picture of a dog without a leash, and it says you can come in with the dog on a leash and then have voice control."

But the Vancouver School Board (VSB) explained Wednesday that dogs must still remain on-leash at all times.

In nearby Guelph Park, several dogs could be seen off-leash. One owner, Sandy Birce, wants schools or the city to offer even two hours of off-leash time daily to let dogs run.

"Breaking the bylaw — that's the choice it leaves us," she said.

Doug McClary, VSB district manager of maintenance and construction, said it is unlikely they would consider off-leash hours given that dogs have been banned altogether at schools where owners neglected to picking up after them.

Sarah Hicks, the city's manager of animal services, said the city is reviewing off-leash areas and suggested the residents get involved. But Kerr says she has already tried to get Guelph Park designated by submitting 200 signatures and got no response.

Get $200 in travel.
Escape the baggage of your current card.

Get approved. Get $200 in travel.[1] It's that simple.
No expiry on TD Points.[2] No blackouts or seat restrictions.[3] Not just for flights.
Complete flexibility. It's time to make the move to the TD First Class Travel Card. **Ask us how.**

Visit a branch, tdcanadatrust.com/escape, or call 1-866-239-8833.

Hurry, offer ends September 13th!

TD Banking can be this comfortable.

[1] Applies to new TD First Class Travel *Visa Infinite* Accounts (Account) only. You must apply by September 13, 2013. The $200 in travel value will be awarded to the Account as a bonus of 40,000 TD Points (Bonus) upon approval. Limit of one Bonus per Account. Individuals who have an existing TD First Class Travel Account that was opened before July 22, 2013 (Existing Account) and that close the Existing Account on or after July 22, 2013 are not eligible for this Bonus offer. We reserve the right to limit the number of Accounts opened by any one person to one. Other conditions apply. Offer may be changed, extended or withdrawn at any time without notice and cannot be combined with any other offer. [2] TD Points do not expire as long as you are a Cardholder. [3] Subject to carrier/space availability. ®/ The TD logo and other trade-marks are the property of The Toronto-Dominion Bank or a wholly owned subsidiary, in Canada and/or other countries.

FALL
FOR SOMETHING
FABULOUS

30% OFF
Women's footwear & handbags*
Reg. priced items only.

Calvin Klein Jeans
83.30
Women's mid-heel pump
SEARS REG. $119

the sak
$119
Leather tote
SEARS REG. $170

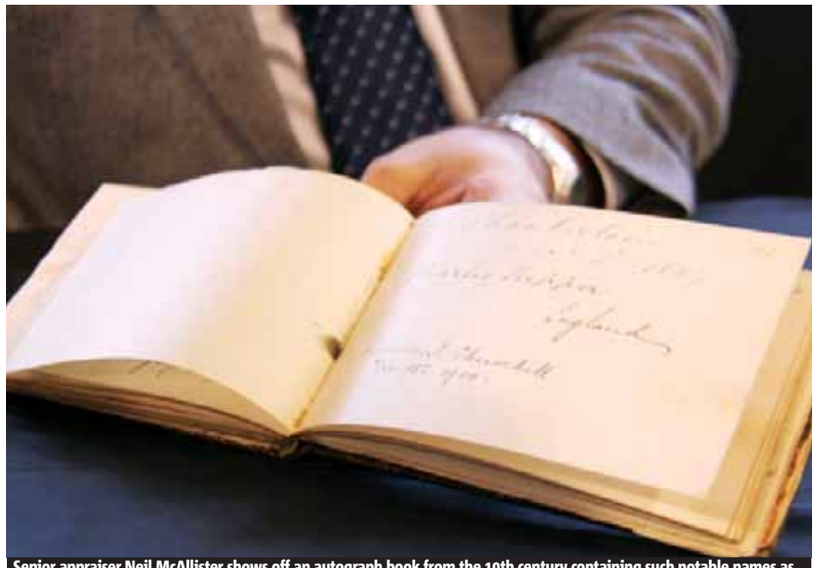
this season's must haves

BCBG PARIS
$63
Patent pump
SEARS REG. $90

As seen in the October issue of FASHION magazine

SALE PRICES END THURS., OCT. 3, 2013, while quantities last.
*This savings offer excludes items with prices ending in .97, Indigo by Clarks®, Clarks Everyday®, Clarks Artisan®, Jessica Simpson™, Franco Sarto®, Guess, Columbia®, Sorel® & Fossil® brands and athletic & walking shoes.
NE092G113 © 2013. Sears Canada Inc.

AVAILABLE AT Sears



Senior appraiser Neil McAllister shows off an autograph book from the 19th century containing such notable names as Mark Twain, Winston Churchill and Buffalo Bill Cody. The book will be sold at auction Sept. 18. SAM SMITH/FOR METRO

Historic autographs on the auction block

Sign of the old times. Book of signatures from famous figures — from Mark Twain to Winston Churchill — valued at $10,000-$15,000

SAM SMITH
vancouver@metronews.ca

It's safe to say that there were fanboys even during the 19th century — they just had a different set of celebrities.

Major Charles D.A. Loeffler, a doorkeeper working at the president's office in Washington, D.C., geeked out by gathering hundreds of signatures from famous politicians, such as Winston Churchill, to celebrities like Mark Twain and Buffalo Bill Cody.

His signature book is valued between $10,000 to $15,000, and is being sold to the highest bidder at Maynards Auction House, at 1837 Main St., on Wednesday, Sept. 18.

"What's really interesting about this book is a lot of the signatures are signed with a date," said Neil McAllister, senior appraiser at Maynards. "So the interesting part is to go in and figure out, 'OK, why is this person visiting the president at this point?'"

He said a delegation from Cuba signed one of the pages right after the Spanish-American war, and just before the signing of the Treaty of Paris in 1898.

"If you do some digging you'll find out why these people are here and that's the fun part," McAllister said.

Maynards is also auctioning off many other items, including a 70-million-year-old triceratops skull.

A public preview is available from Sept. 14 to Sept. 17, the day before the auction.

SAM SMITH/FOR METRO

Seeing pink

Bumper return of pink salmon surge up B.C. waterways

The Department of Fisheries and Oceans is reporting some promising numbers for pink salmon returns in B.C. rivers after a drastically low season for the sockeye fishery.

DFO area manager in Kamloops, B.C., Les Jantz, says an estimated 26 million pinks are flooding into local rivers and streams.

That's nearly three times higher than the early season estimate of about nine-million fish.

THE CANADIAN PRESS

University of B.C. Student execs quit over chant that appeared to endorse rape

Two student executives with the University of British Columbia's commerce undergraduate society have quit after a frosh-week chant recited by students appeared to endorse rape.

President Enzo Woo says the performance of the offensive chant at the society's orientation event on the Labour Day weekend should never have happened.

He says the fact the chant is tradition isn't an excuse and doesn't make the offence less serious and that he is deeply sorry it happened.

Gillian Ong, the society's vice-president of engagement, has also quit, saying she hopes the society is now free and clear to implement changes.

The society says it will end its annual frosh orientation event and will work with the Sauder School of Business to ensure any future activities are in line with a positive environment for new students.

A similar incident at Saint Mary's University in Halifax recently prompted the resignation of the president of the student association.

THE CANADIAN PRESS

KIA VANCOUVER

Thank you for making us BC's #1 retail Kia dealer

kia.ca

ZERO COMPROMISE SALES EVENT

0%** FINANCING UP TO 84 MONTHS ON SELECT MODELS

More standard features than ever before. It's one more way every Kia is designed without compromise.

Only at Kia Vancouver.

Ask about our

NEW CAR BUYER'S PACKAGE:

- *Lifetime Oil Changes*
- *Lifetime Car Washes*
- *Lifetime Airport Shuttle Service*
- *Locking Wheel Nuts*

BUY YOUR CAR, WIN YOUR CAR

All new vehicles financed, leased or purchased from today through to Nov. 30/2013 will be entered into a draw to win your purchase.

See dealer for details.

THE NEW 2014 SORENTO

HWY (A/T): 7.1L/100KM CITY (A/T): 10.4L/100KM

OWN IT FROM $156 BI-WEEKLY WITH $0 DOWN AT 0% APR

OR GET $2,500 CASH SAVINGS‡ ON SELECT TRIMS

INCLUDED FEATURES:

- Heated Front Seats
- Air Conditioning
- Rear Parking Sonar
- 6-Speed Automatic Transmission
- Keyless Entry
- Bluetooth®

Bi-weekly for 60 months, amortized over 84 months with **$0 DOWN PAYMENT**. Offer includes delivery, destination and fees. Offer based on 2014 Sorento 2.4L LX AT FWD with a purchase price of $28,482.

THE ALL-NEW 2014 RONDO

HWY (A/T): 6.2L/100KM CITY (A/T): 9.4L/100KM

OWN IT FROM $129 BI-WEEKLY WITH $0 DOWN AT 0% APR

OR GET $1,750 CASH SAVINGS‡ ON SELECT TRIMS

INCLUDED FEATURES:

- 16" Steel Wheels
- Heated Front Seats
- Bluetooth®
- Steering Wheel Mounted Audio Controls
- Air Conditioning
- Keyless Entry
- FlexSteer™

Bi-weekly for 84 months with **$0 DOWN PAYMENT**. Offer includes delivery, destination and fees. Offer based on 2014 Rondo LX MT with a purchase price of $23,482.

2013 SPORTAGE

HWY (A/T): 6.5L/100KM CITY (A/T): 9.7L/100KM

NOW ONLY $19,992

INCLUDES $3,775 CASH SAVINGS‡

INCLUDED FEATURES:

- Air Conditioning
- Heated Front Seats
- Satellite Radio
- Bluetooth®
- Keyless Entry

Offer includes delivery, destination, fees and **$3,775 CASH SAVINGS‡**. Offer based on 2013 Sportage 2.4L LX MT with a purchase price of $23,767.

OFFER ENDS SEPTEMBER 30TH

5 Year Warranty

WE'VE GOT YOU COVERED

*5-year/100,000 km worry-free comprehensive warranty.

Best Global Brands 2012 Interbrand

KIA ENTERS 50 BEST GLOBAL GREEN BRANDS. Best Global Green Brand 2013

KIA

The Power to Surprise

Offer(s) available on select new 2013/2014 models through participating dealers to qualified customers who take delivery by September 30, 2013. Dealers may sell or lease for less. Some conditions apply. See dealer for complete details. All offers are subject to change without notice. Vehicles shown may include optional accessories and upgrades available at extra cost. All pricing includes delivery and destination fees up to $1,665, other fees and certain levies (including tire levies) and $100 A/C charge (where applicable) and excludes licensing, registration, insurance, other taxes and variable dealer administration fees (up to $699). Other dealer charges may be required at the time of purchase. Other lease and financing options also available. **0% purchase financing is available on select new 2014 Kia models O.A.C. Terms vary by model and trim, see dealer for complete details. *Bi-weekly finance payment O.A.C. for new 2014 Rondo LX MT (RN55IE) based on a selling price of $23,482 is $129 with an APR of 0% for 84 months, with a remaining balance of $0. Bi-weekly finance payment O.A.C. for new 2014 Sorento 2.4L LX AT FWD (SR75BE) based on a selling price of $28,482 is $156 with an APR of 0% for 60 months, amortized over an 84-month period. Estimated remaining principal balance of $8,138 plus applicable taxes due at end of 60-month period. Retailer may sell for less. See dealer for full details. ‡Cash purchase price for 2013 Sportage 2.4L LX MT (SP55ID) is $19,992 and includes a cash savings of $3,775 (which is deducted from the negotiated selling price before taxes and cannot be combined with special lease and finance offers). Retailer may sell for less. ‡$2,500/$3,775/$1,750 cash savings on the cash purchase of an eligible new 2014 Sorento 2.4L LX AT FWD (SR75BE)/2013 Sportage 2.4L LX MT (SP55ID)/2014 Rondo LX MT (RN55IE) from a participating dealer between September 4-30, 2013, is deducted from the selling price before taxes and cannot be combined with special lease and finance offers. Some conditions apply. ◊Model shown Manufacturer Suggested Retail Price for 2014 Sorento 3.3L EX AT AWD (SR75HE)/2013 Sportage 2.0T SX Navigation (SP75SD)/2014 Rondo EX Luxury (RN75GE) is $34,195/$39,145/$32,195. ^Highway/city fuel consumption is based on the 2014 Sorento LX 2.4L GDI 4-cyl (A/T)/2013 Sportage 2.4L MPI 4-cyl (A/T)/2014 Rondo 2.0L GDI 4-cyl (M/T). These updated estimates are based on the Government of Canada's approved criteria and testing methods. Refer to the *EnerGuide Fuel Consumption Guide*. Your actual fuel consumption will vary based on driving habits and other factors. ™The Bluetooth® wordmark and logo are registered trademarks and are owned by Bluetooth SIG, Inc. Information in this advertisement is believed to be accurate at the time of printing. For more information on our 5-year warranty coverage, visit kia.ca or call us at 1-877-542-2886. Kia is a trademark of Kia Motors Corporation.

KIA VANCOUVER

KIAVANCOUVER.COM

604-326-6868

CORNER of CAMBIE and MARINE DRIVE

- 10 minutes from Delta • 15 minutes from Surrey
- 5 minutes from Richmond • 5 minutes from Burnaby
- minutes from Downtown

WE SPEAK YOUR LANGUAGE:

English, French, Cantonese, Mandarin, Korean, Hindi, Punjabi, Tagalog, Farsi, Romanian, Russian, Spanish, Italian

RBC Direct Investing

TRADE FREE FOR A YEAR[1]

THIS IS BIG:
Trade free for a year with 25 free trades[1]
when you open an RBC Direct Investing™ account with $25,000 or more.

Offer expires October 31st, 2013.

Most Awarded Discount Brokerage

In the *MoneySense*[‡] 2013 Best Discount Brokerages Survey.

Learn more at **rbc.com/25free**

Use offer code **25Y2** when you open your RBC Direct Investing account.

[1] In order to qualify for this offer, you must open a new account with RBC Direct Investing and deposit or transfer-in at least $25,000 in cash or securities from a non-RBC account within 90 days of account opening. If you qualify for this offer, you will receive a rebate of commission fees on up to 25 trades in exchange-listed securities (i.e. equities and/or ETFs) that you enter online or via the mobile application for up to one year from the date of your confirmation letter. This offer is non-transferable and is not valid in conjunction with any other offer or promotion, and the free trades may not be applied against any other account. This offer is subject to the terms and conditions that you will receive with your confirmation letter and available at rbcdirectinvesting.com/trades. RBC Direct Investing Inc.* and Royal Bank of Canada are separate corporate entities which are affiliated. RBC Direct Investing Inc. does not provide investment advice or recommendations regarding the purchase or sale of any securities. Investors are responsible for their own investment decisions. RBC Direct Investing is a business name used by RBC Direct Investing Inc. *Member-Canadian Investor Protection Fund. ®/™ Trademark(s) of Royal Bank of Canada. RBC and Royal Bank are registered trademarks of Royal Bank of Canada. Used under licence. © Royal Bank of Canada 2013. All rights reserved.[‡] All other trademarks are the property of their respective owner(s).

Joseph Rejano, brother of Eddie Rejano, who was killed by Travis Baumgartner, speaks to media after sentencing in Edmonton on Wednesday. Baumgartner was sentenced to life with no parole for at least 40 years.
JASON FRANSON/THE CANADIAN PRESS

Shooter can't get out of prison for 40 years

Security guard killings. Sentence based on 2011 law that allows consecutive parole terms for multiple murders

Sentencing

"The deaths were senseless. It's difficult to describe the revulsion of society and this court and the public."
Justice John Rooke, during sentencing in an Edmonton courtroom Wednesday.

A judge has sentenced an armoured-car guard who gunned down four of his crewmates during a robbery to life in prison with no parole for at least 40 years.

Justice John Rooke accepted a joint submission from the Crown and Travis Baumgartner's defence lawyer.

The sentence is based on a federal law passed in 2011 that allows consecutive parole terms in cases involving multiple murders. The Crown has called it a first for Canada and the toughest sentence for a crime since the country's last execution in 1962.

Baumgartner, 22, pleaded guilty earlier this week to one count of first-degree murder, two counts of second-degree murder and a charge of attempted murder.

He shot his fellow guards during a routine night shift reloading bank machines at the University of Alberta in June 2012.

Court heard that Baumgartner was in debt after buying a new truck, owed friends money and had fought with his mother about paying rent in the hours before the shooting.

Rooke said Baumgartner could simply have taken the money and run rather than leaving three people dead and a fourth seriously wounded.
THE CANADIAN PRESS

Student debt

Tuition fees to keep on rising, think-tank says

Canadian students hoping for some financial relief on the cost of their post-secondary education are in for disappointment over the next few years, a prominent think-tank suggests.

A report from the Canadian Centre for Policy Alternatives forecasts the inflation-adjusted cost of an undergraduate university degree is expected to climb an average of 8.6 per cent over the next four years.

The inflation-adjusted cost of tuition and other fees averaged $2,243 across the country in 1990, the report showed. That figure had climbed to $6,254 for the 2012-13 academic year and is projected to keep rising. THE CANADIAN PRESS

Keystone XL. Crusader stars in TV ads aimed at stopping the pipeline

American billionaire Tom Steyer's mission to stop the Keystone XL pipeline has gone into overdrive with the launch of an anti-pipeline TV-advertising campaign that will feature an ad this weekend from the site of a devastating oilsands pipeline spill.

The next chapter in the four-part campaign, dubbed "Bringing Down TransCanada's House of Cards: The Keystone Chronicles," shows the Democratic mega-donor in Mayflower, Ark., where an underground ExxonMobil oil pipeline burst in March.

In the ad, set to air during this weekend's U.S. Sunday-morning political talk shows, Steyer makes the case that pipelines pose a real and present danger to anyone living near them.

Residents of the lakeside Arkansas community say they're still suffering health effects after an estimated 5,000 barrels of oilsands crude seeped from the pipeline and through a residential neighbourhood. One of the Mayflower homeowners who lives down-wind from the spill appears in the commercial.

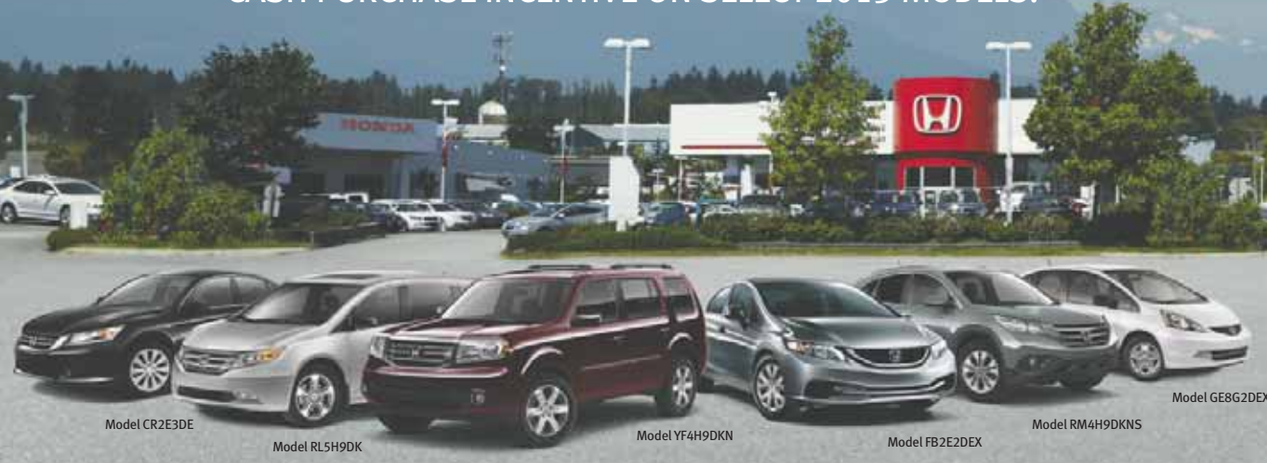
"He was quite moved by what happened to these people," said Mike Casey, spokesman for Steyer's NextGen Climate Action. "The people who got it the worst in Mayflower weren't the ones whose basements were flooded; they were the people who lived down-wind and were exposed to air-borne toxins."
THE CANADIAN PRESS

The Honda 2013 3/4 MODEL CLEAROUT

WITH THESE PRICES, OUR 2013s WON'T LAST LONG.

$5,000

CASH PURCHASE INCENTIVE ON SELECT 2013 MODELS.*



ACCORD	ODYSSEY	PILOT	CIVIC	CR-V	FIT
STARTING FROM $25,630** INCLUDES FREIGHT & PDI	STARTING FROM $31,630** INCLUDES FREIGHT & PDI	STARTING FROM $36,630** INCLUDES FREIGHT & PDI	STARTING FROM $16,935** INCLUDES FREIGHT & PDI	STARTING FROM $27,630** INCLUDES FREIGHT & PDI	STARTING FROM $16,075** INCLUDES FREIGHT & PDI

OR 0.99% ON EVERY NEW 2013 HONDA. LEASE OR FINANCE.#¥

The ongoing benefits of owning a Honda. High resale value. Low cost of ownership. Affordable. Reliable. Fuel Efficient. Advanced safety. Fun to drive.

bchonda.com

HONDA

*$5,000 Honda cash purchase incentive is available on select Honda vehicles. Honda cash purchase incentive will be deducted from the negotiated price before taxes and cannot be combined with special lease or finance offers. #Limited time 0.99% finance offer based on new 2013 Honda models and a 24 month finance term available only through Honda Canada Finance Inc. O.A.C. Finance example based on a new 2013 Civic DX model FB2E2DEX and a 60 month finance term available only through Honda Canada Finance Inc. O.A.C.: $16,935 at 0.99% per annum equals $133.54 bi-weekly for 60 months. Freight and PDI of $1,495 included. Cost of borrowing is $424.58, for a total obligation of $17,360.20. Down payment of $0.00, first bi-weekly payment, environmental fees and $0 security deposit due at finance inception. Taxes are extra. Finance on approved credit for qualified customers only. ¥Limited time lease offer based on select new 2013 Honda models and a 24 month lease term available only through Honda Canada Finance Inc. O.A.C. Lease example based on a new 2013 CR-V LX model RM3H3DES and a 60 month lease term available only through Honda Canada Finance Inc. O.A.C.: 0.99% lease APR for 60 months O.A.C. Monthly payment, including freight and PDI, is $294.40. Down payment of $0.00, first monthly payment, environmental fees and $0 security deposit due at lease inception. Total lease obligation is $17,664.00. Taxes, license, insurance and registration are extra. 120,000 kilometre allowance; charge of $0.12/km for excess kilometres. **MSRP is $36,630 / $27,630 / $31,630 / $25,630 including freight and PDI of $1,640 based on a new 2013 Pilot LX YF3H2DE / CR-V LX RM3H3DES / Odyssey LX 5AT RL5H2DE / Accord LX CR2E3DE and $16,935 / $16,075 based on a new 2013 Civic DX FB2E2DEX / Fit GE8G2DEX including $1,495 freight and PDI. ¥/*/#/** Dealer may sell for less. Dealer trade may be required. For all offers license, insurance, applicable taxes and registration are extra. Offers valid from September 4th through September 30th, 2013 at participating Honda retailers. Offers valid only for British Columbia residents at BC Honda Dealers locations. Offers subject to change or cancellation without notice. Terms and conditions apply. Visit www.bchonda.com or see your Honda retailer for full details.

Inspired by Real Collector Stories

August 23, 2013

New York's our favourite city in the world – we got engaged here. And by swiping our AIR MILES card when we buy groceries at Safeway and when we fuel up at Shell, we earn reward miles really quickly. Plus, by paying with our BMO AIR MILES World credit card for everyday things wherever we go, they add up even faster.

That's how we earn enough AIR MILES reward miles to make it back here every year. It truly is the anniversary gift that keeps on giving.

Jen + Dave

Round-trip flights
Vancouver – New York starting at
3,057 reward miles with the
BMO AIR MILES World MasterCard*.

Visit airmiles.ca/BMOfaster for more information

AIR MILES® Travel and More

*One round-trip economy flight ticket from Vancouver to New York City during low season is 4,075 reward miles, and during high season is 5,250. With the BMO AIR MILES World MasterCard, when you redeem AIR MILES reward miles for a flight you will receive a 25% discount from the number of AIR MILES reward miles you would ordinarily require. This benefit does not apply to the cash portion of the flight redemption (such as fuel surcharges, airport improvement fees and booking fees) or to the flight component of package vacations and cruises. This benefit cannot be combined with any other offer. All rewards offered are subject to the Terms and Conditions of the AIR MILES Reward Program. To redeem for Travel Rewards, you must have accumulated sufficient AIR MILES reward miles in your Dream Balance. Collectors must pay taxes, fuel surcharges and other applicable charges and fees on air travel rewards. For complete details, see current Program Terms and Conditions available at airmiles.ca. Additional flight options may be available; go to airmiles.ca/flightzones for more details. All rewards offered are subject to the Terms and Conditions of the AIR MILES Reward Program, are subject to change and may be withdrawn without notice. Some restrictions apply. Quantities may be limited. See airmiles.ca for details.

®™Trademarks of AIR MILES International Trading B.V. Used under license by LoyaltyOne, Inc. Sponsor and Supplier trademarks are owned by the respective Sponsor and Supplier or authorized for their use in Canada.
®†Registered trademark of Bank of Montreal. ®*Registered trademark of MasterCard International Incorporated.

2,000 Bonus reward miles. That's two tickets!

In fact, it's our best offer ever and enough for two short haul flights[1].

Earn 1,000 Bonus AIR MILES®† reward miles after your first card purchase[2]. You'll also earn 250 additional Bonus reward miles each month you spend $1,000 for the first four months[3].

Apply by October 31, 2013.
Visit a branch or **bmo.com/get2000** for details.

AIR MILES Travel and More

BMO Bank of Montreal
Making money make sense®

Complete Terms & Conditions are available at bmo.com/get2000.

1. A short haul flight is a return flight with origin and destination within the same province and having a departure date during low season of Jan. 8 – Feb. 28; Apr. 1 – May 31; Sept. 16 – Dec. 15. All Rewards offered are subject to the Terms and Conditions of the AIR MILES Reward Program, are subject to change and may be withdrawn without notice. Some restrictions apply. Quantities may be limited. See www.airmiles.ca for details. 2. Bonus offer is limited to new accounts and is awarded after your first BMO AIR MILES World MasterCard purchase. Applications must be received by October 31, 2013. Limit of one Bonus offer per Account. 3. An additional 250 Bonus reward miles will be issued each month you spend $1,000 or more in card purchases (less refunds and excluding cash advances, cash-like transactions and balance transfers) for the first four months after your account is opened.

®Registered trademark of Bank of Montreal. ®*Registered trademark of MasterCard International Incorporated. ®†Trademarks of AIR MILES International Trading B.V. Used under license by LoyaltyOne, Inc. and Bank of Montreal.

Arab-Americans divided over Syria

'An elephant in the room'. Opposing viewpoints over U.S. intervention exposing tension in Middle Eastern communities

Sawsan Jabri and Osama Siblani share Middle Eastern roots and the American dream. They also represent dissension among Arab-Americans over Syria's civil war and ideological, political and regional differences.

Jabri, a doctor from Syria, teaches microbiology. Siblani came from Lebanon to be an engineer and publishes the influential Arab-American News.

Each speaks for opposing camps. Jabri is a spokeswoman for the Syrian Expatriates Organization, a lobbying and fundraising group that staged rallies in support of the U.S. backing rebels in Syria's civil war. Siblani has opposed U.S. intervention through counter-demonstrations and the opinion pages of his newspaper.

When it comes to Syria, Siblani says, there's little room for agreement.

"I have been in this business for 29 years," he said. "I have never seen the community divided as much as we are divided today.... It is an elephant in the room all the time."

Siblani and Jabri agree that Syria has divided the U.S. Arab community despite a history of coexistence among religions, Islamic sects or countries.

"I don't know what's happened — people became more into everyone's identity," said Jabri, who contends that Assad's regime has used chemical weapons numerous times and he should be toppled and prosecuted. "The separation is not working in our direction."

Some of the rising tension reflects what's happening in community members' homelands. Lebanon and Syria share a complicated history and a web of political and sectarian ties and rivalries, and Syria's civil war next door has intensified divisions. "The situation gets very tense when you try to say who is responsible for what," Siblani said.

THE ASSOCIATED PRESS

A long history

Positions on Syria have highlighted Arab ties to the U.S. that date back more than a century, when immigrants from the Arab world started arriving en masse.

- The Syrian community in the U.S. is estimated to be about 150,000 people, but the number could be much higher if it reflected all those who trace their roots to early 20th-century Greater Syria.

12 years later, pain still strong for many

Carrie Bergonia of Pennsylvania looks over the name of her fiancé, firefighter Joseph Ogren, at the 9/11 Memorial in New York Wednesday during ceremonies marking the 12th anniversary of the attacks on the World Trade Center.

CHRIS PEDOTA/THE ASSOCIATED PRESS

Benghazi. Bombing marks first anniversary of attack

A powerful car bomb exploded Wednesday near Libya's Foreign Ministry building in the heart of Benghazi, exactly one year after the attack there that killed the U.S. ambassador and three other Americans.

The early morning blast on the 12th anniversary of the Sept. 11, 2001, terror attacks in the U.S. caused no serious casualties, though several passers-by were slightly wounded, authorities said.

No group immediately claimed responsibility for the assault. However, the bombing targeted a building that once housed the U.S. Consulate during the rule of King Idris, who former Libyan dictator Moammar Gadhafi overthrew in a bloodless coup in 1969.

THE ASSOCIATED PRESS

Boston

'Clueless' airport fire drill draws condemnation

Officials at Boston's Logan International Airport are apologizing for holding a fire drill on the 12th anniversary of the Sept. 11, 2001, terrorist attacks.

"How clueless and insensitive can you be," one woman wrote on the airport's Facebook page.

THE ASSOCIATED PRESS

Ambitiou$?

Want to earn additional income? Looking to build your financial credentials? Enrol in H&R Block's Tax Training School and gain the skills to become a Tax Professional.* With H&R Block, school is now more rewarding than ever. Classes start in September.

hrblock.ca | 877-32BLOCK

H&R BLOCK®

we make taxes painle$$

*Enrolment in, or completion of, the H&R Block Tax Training School is neither an offer nor a guarantee of employment. Additional qualifications may be required. Enrollment restrictions apply. This course is not intended for, nor open to any persons who are either currently employed by or seeking employment with any professional tax preparation company or organization other than H&R Block.

MASSIVE $1/2 MILLION BIKE LIQUIDATION

Mercury - Mens or Womens

ONLY $99.99 NET

- Fully-Assembled
- 21-Speed Shimano Tourney Shifter
- Shimano Tourney TX Rear Derailleur
- Front Quick-Release Wheel
- 19" Steel Frame
- Front Shocks

Reg. Retail $199.99

Maynards SINCE 1902 LIQUIDATION CENTRE

188 KINGSWAY, VANCOUVER
604-876-2509 | 188Kingsway@maynards.com

180 EAST 2ND, VANCOUVER
604-675-2236 | VanRetail@maynards.com

2 Locations To Serve You | Open 7 Days A Week! | www.maynardsretail.com

Lac-Mégantic cargo was as flammable as gas: Safety board

Train disaster. Oil on board should have been designated as more volatile; suitability of cars is also an issue

Transportation Safety Board lead investigator Don Ross points to a dangerous goods indicator on a rail car during a news conference in Ottawa on Wednesday.
ADRIAN WYLD/THE CANADIAN PRESS

The crude oil that exploded into flame in the deadly Lac-Mégantic train derailment in July was as volatile as gasoline, but was documented as a less-dangerous product akin to diesel or bunker crude, the Transportation Safety Board says.

Lead investigator Don Ross said tests showed the oil was initially graded properly for road transport but was inexplicably downgraded when it came time to move it by rail.

"When we analyzed the product samples from the nine intact tank cars from the Lac-Mégantic accident we identified the product as having the characteristics of a packing group 2 flammable liquid," he told a news conference Wednesday. "Packing group 2 is the packing group that gasoline is in."

The Lac-Mégantic oil was improperly identified as a less-hazardous packing group 3 product, and investigators want to know why. "Is there any motivation? Why would that be shown the way it was, whether there was any commercial interest, any operating reason? We're asking all those questions," Ross said.

The July 6 crash killed 47 people and destroyed much of the centre of the picturesque Quebec town after the runaway train derailed and exploded in a fireball. THE CANADIAN PRESS

Quoted

"The lower flash point of the crude oil explains in part why the crude oil ignited so quickly once the Class 111 tank cars were breached."

Don Ross, lead investigator, Transportation Safety Board

Auto bailout

Feds, Ontario sell part of GM stake

The federal and Ontario governments have sold a block of 30 million shares in General Motors valued in the neighbourhood of $1.1 billion, a portion of the equity they received when they bailed out the automaker in 2009.

Finance Minister Jim Flaherty said in an email the shares were sold at Tuesday's closing price of $37 US on the New York Stock Exchange, minus a small discount. THE CANADIAN PRESS

Agriculture

World wastes 1/3 of food: UN agency

The UN food agency says one-third of all food produced in the world gets wasted, amounting to a loss of $750 billion US a year. The Food and Agricultural Organization said that in high-income areas the primary cause of food waste is careless consumer behaviour. THE ASSOCIATED PRESS

Market Minute

DOLLAR 96.95¢ (+0.31¢)

TSX 12,825.42 (+0.94)

OIL $107.56 US (+17¢)

GOLD $1,363.80 US (-20¢)

Natural gas: $3.56 US (-2¢)
Dow Jones: 15,326.60 (+135.54)

NEED MONEY?
✓No credit checks
✓Fast approvals
call 1 866 499-5629
And get cash now!!
www.mynextpay.ca

interACTIVE NUTRITION
Clean, Pure, Real.
Absolute Protein
Made with 100% Natural Ingredients
InterACTIVE Nutrition™ Absolute Protein™ is made entirely of 100% natural ingredients. Each formula provides an excellent source of dietary protein without artificial preservatives, sweeteners or flavours. Better still, all the raw materials in the Absolute Protein™ are derived from non-genetically modified sources that are screened for both pesticides and herbicides, including a Fonterra sourced 100% New Zealand Whey!
Isolate Protein
Whey Protein
Vegetarian Protein
Soy Protein
RICE Protein

Advertisement

Whey Better Protein by: Shannon Kadlovski, BA, CNP

When it comes to choosing a protein powder, not all things are created equal. For athletes, as well as for those simply looking to increase their daily protein intake, it is often recommended to consume a daily protein smoothie. This provides increased energy, muscle repair, appetite control, and nourishment to the body. While it is common to consume protein powders for increased health, not all protein powders contain healthy, nourishing ingredients. In fact, some are actually loaded with added sugar, artificial sweeteners, fillers, GMOs, hormones and antibiotics, as well as other artificial and unhealthy ingredients. So, if your intention is to get healthy or stay healthy, you must make sure that you are choosing the right type of protein powder.

When Choosing a Whey Protein Powder Consider These 4 Tips:

1. Choose New Zealand Whey – It is the cleanest and purest whey available. The New Zealand Dairy industry has incredibly high standards for product safety and the humane treatment of their cows. Their cows are never injected with growth hormones, antibiotics, genetically modified organisms, or any other chemicals.

2. Choose a brand with added enzymes such as protease, lactase and amylase – These enzymes help to make the protein more digestible.

3. Choose one that is cold temperature micro-filtered.This ensures the highest quality and biological value.

4. Choose an all-natural brand, free of artificial flavours and artificial colors.

Absolute Smoothie Recipe

1 cup water or coconut water
1 scoop of Absolute Whey protein powder (or 2 tbsp.)
1 tbsp. chia seeds
¼ tsp. matcha green tea powder or ¼ tsp. spirulina powder
½ cup fresh blueberries
½ banana
¼ tsp. cinnamon
handful of kale
* Toss all of the ingredients into a blender and blend until smooth and creamy

CHOOSE INTERACTIVE
Canada's # 1 Trusted Brand
For Clean & Pure Supplements

Look for InterActive Absolute Series in local health food stores. Find your nearest health food store at www.healthstorelocator.com. For retailer & product information inquiries, please call True North Nutrition directly toll free at 1-800-261-4223.

iT iSN'T iNTERESTING iF iT'S iNFALLIBLE

HE SAYS

John Mazerolle
metronews.ca

I was a late convert to smartphones, and like most late converts to anything I quickly became a fundamentalist zealot.

Before, I scoffed at people who wouldn't look away from their screens for anything short of a fresh bullet wound. Now I know you can get valuable information from the tourniquet app, improve the look of that wound using Instagram, or ask, "Siri, what it's all about?" as you die.

Whether I'm texting with people miles away while sitting across a dinner table from friends, or checking the weather while walking outside, my phone does all the things I didn't even know needed doing.

And this week the most iConic of all smartphones released the details of its latest iTerations. (i'M good at this.) The iPhone has not one but two new versions coming out soon, which means there'll be twice as many people standing in lines the morning of their release, just in case Apple only decides to make a few hundred.

To commemorate this once-in-a-while event, here's a brief history of the iPhone to read as you queue:

1993: Apple releases its first personal digital assistant, the Newton, a technology that leads to one good Simpsons joke, and nothing else. However, the device's inability to tell what the user is actually trying to write is later used in the iPhones' autocorrect feature.

1990s: Apple CEO Steve Jobs, thinking about his legacy, works on being an inspiration to the world and an a-- to everyone he knows, leaving no time for the smartphone until 14 years later.

2007: Jobs unveils the very first iPhone. Its two-inch screen sits on a frame roughly the size of a tennis court, and its processor can do an amazing 14 calculations a minute. Its 2,700 vacuum tubes can only be purchased from the Apple Store.

2008: The iPhone 3G includes a phone that runs on a prehistoric bird who chisels the images into a blank slate. The talking technology predates Siri, but doesn't catch on because of its corny one-liners.

2010: The iPhone 4 sends everything you do on it directly to the Oval Office. Apple is totally transparent about it, but nobody notices until three years later because it's written in one of those Terms of Agreement things and everybody skips to the accept button.

2011: Jobs uploads himself to the iCloud.

Sept. 10, 2013: Tech analysts say the new brightly-coloured, but less expensive iPhone 5C is likely meant to appeal to youth in emerging markets like China and India. The built-in cigarette lighter is a dead giveaway.

Sept. 12, 2013: The iPhone 24, speaking with the voice of Steve Jobs, comes from the future with its new time travel app to warn humanity not to allow Mark Zuckerberg's 2023 purchase of Apple. Before it can explain why, a 12-feet-tall robotic Zuckerberg reaches in from their time and pulls the phone back while letting loose a maniacal nerd-snort. Apple stock skyrockets.

ZOOM

Sitting in a tin can far above the world

NASA IMAGES

Stunning shot of a craft above Earth

It looks like a fancy beverage can — and is in fact carrying something worthwhile. This photo shows a Japanese unmanned spacecraft backdropped against a land mass of Earth. The HTV-4 craft was launched by Japan's Aerospace Exploration Agency (JAXA) last month to bring supplies to the International Space Station. METRO

On the HTV-4 was Kirobo, a 34 centimetre-high automaton which became the first robot to speak in space. It said, in Japanese: "On Aug. 21, 2013, a robot took one small step towards a brighter future for all. Good morning to everyone on Earth. This is Kirobo. I am the world's first talking robot astronaut. Nice to meet you."

Fiery plunge back home

After backing away from the ISS following a one-month stay, the HTV-4 craft (nicknamed Kounotori) — loaded with trash from the space station — plunged back to Earth for a de-orbit disposal. The craft burned upon re-entry into Earth's atmosphere, with surviving fragments shattering across a preplanned location in the Pacific Ocean. METRO

Clickbait

ANDREW FIFIELD
andrew.fifield@metronews.ca

If you're of the sort who hasn't spent any time with a poem since the last time you were assigned one by a teacher, dip your toe back into the water with these frequently amusing Twitter accounts with a poetic heart.

.REID/FLICKR

@GooglePoetics: Crowd-sourced from the nonsense we're all guilty of asking Google about, this account finds surprising depth and humanity lurking in search terms suggested by Google's auto fill.

@tricialockwood: The mighty Patricia Lockwood was a published poet before signing up for Twitter. It just happens to be a lucky stroke for all of us that the format is a perfect fit for her occasional surreal verses and pithy lines.

@Pentametron: An algorithm that keeps a vigilant eye out for tweets that happen to be written in iambic pentameter, though it may come as little surprise that the authors of its retweets typically don't have poetry in mind.

Worth Mentioning

Men with menopause? Yep, it's a thing

The ads tout testosterone treatments for "low T," but surprising new research shows a different hormone may play a role in less sex drive and more fat as men age. Estrogen — the female hormone — is needed by men, too, and the study gives the first clear evidence that too little of it can cause certain "male menopause" symptoms.

"A lot of things we think are due to testosterone deficiency are actually related to the estrogen deficiency that accompanies it," said Dr. Joel Finkelstein of Massachusetts General Hospital. He led the study.

Testosterone is the main male sex hormone. Men's bodies convert some of it into estrogen, and levels of both decline with age. Until now, there was no way to tell which hormone was responsible for complaints of diminished libido, strength and energy. THE ASSOCIATED PRESS

WE WANT TO HEAR FROM YOU: Send us your comments: vancouverletters@metronews.ca

metro

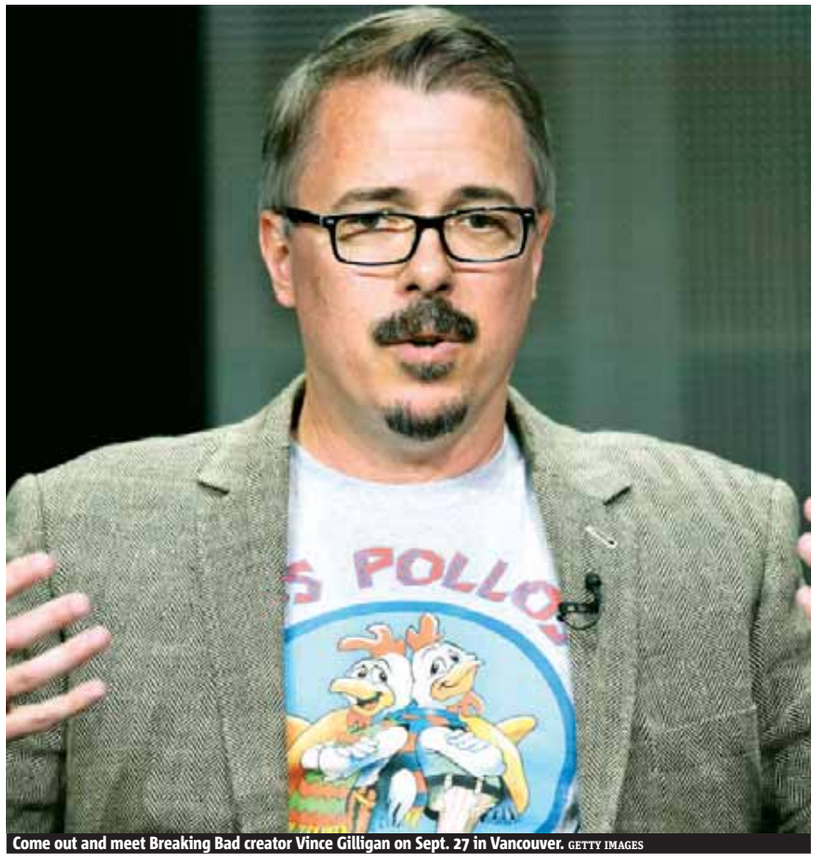
President Bill McDonald • **Vice-President & Group Publisher, Metro Western Canada** Steve Shrout • **Editor-in-Chief** Charlotte Empey • **Deputy Editor** Fernando Carneiro • **National Deputy Editor, Digital** Quin Parker • **Managing Editor, Vancouver** Jeff Hodson • **Managing Editor, News & Business** Amber Shortt • **Managing Editor, Life & Entertainment** Dean Lisk • **Sales Manager** Chris Mackie • **Distribution Manager** George Acimovic • **Vice-President, Sales and Business Ventures** Tracy Day • **Vice-President, Creative** Jeff Smith • **Vice-President, Finance** Phil Jameson • **METRO VANCOUVER** 375 Water Street - Suite 405 Vancouver, BC V6B 5C6 • **Telephone:** 604-602-1002 • **Fax:** 604-648-3222 • **Advertising:** 604-602-1002 • adinfovancouver@metronews.ca • **Distribution:** vancouver_distribution@metronews.ca • **News tips:** vancouver@metronews.ca • **Letters to the Editor:** vancouverletters@metronews.ca

SEE WHAT'S NEW... CHECK OUT OUR LATEST OFFER ON PAGE 20 SHOPPERS DRUG MART

Breaking news on Breaking Bad

VIFF. Breaking Bad creator Vince Gilligan will be speaking to Vancouver fans of the series two days before the show's final episode airs

BACKSTAGE PASS
Graeme McRanor
vancouver@metronews.ca



Come out and meet Breaking Bad creator Vince Gilligan on Sept. 27 in Vancouver. GETTY IMAGES

Look over there. No, not there. Over there on the horizon. You see that? It's the Vancouver International Film Festival and it's — wait for it — coming soon.

Yes, it's the most wonderful time of year for local cinephiles. And that means it's time for local journalists and copy editors to dust off their aging collection of clichéd film terms for use in headlines and the like.

So lights, camera, action!

This year's film fest is ...

Cut!

You know what? I'll cover the film festival proper next week. First, let's get to the 28th edition of VIFF's Film and Television Forum, because it's got some shiny new stuff, some shiny same stuff and — hmm, let's see — oh yeah, Breaking Bad creator Vince Gilligan.

That's right, BB fanatics and addicts, the world's best television show (subjective, I know) concludes Sept. 29, and its creator and executive producer will be chatting with a Vancouver audience just two days earlier (Friday, Sept. 27).

Alas, there are only a few tickets left, as every journalist (all wannabe screenwriters, you see) in the Lower Mainland is attending, including this wannabe screenwriter (in my defense, I mentioned that cliché thing right off the top).

Says Forum publicist Rory Richards, "We're absolutely delighted and honoured to host Vince Gilligan, creator and executive producer of Breaking Bad on the eve of the season finale! There's been such a huge demand that we've had to move to a larger venue, the Centre in Vancouver for the Performing Arts. Get your tickets before they sell out!"

That's some real on-the-nose foreshadowing right there.

There's also a direct distribution program and lab for indie filmmakers and increased networking opportunities for local producers; Walter Murch, the godfather of editing; writer Rick Stevenson (House of Cards); the Art of the Rewrite with Terry Rossio (Shrek), and much more.

VIFF's Film Forum runs October 2 to 5 (the festival runs Sept. 26 to Oct. 11). Visit VIFF.org for more information.

Another event

From film forums to feigning foreign origins

- **Details.** Larry Shue's Foreigner has nothing to with the band, Foreigner. This may disappoint some fans of the group, but let's face it: if they're fans of Foreigner, they're probably used to it. The Foreigner is about a guy looking for some peace and quiet, so he pretends to be a foreigner who doesn't speak English during his stay at a rural fishing lodge. Sidebar: I do this daily. The Foreigner opens Sept. 20 and runs until Oct. 12 at Pacific Theatre. Visit PacificTheatre.org for more information.

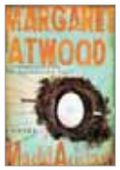
PRODUCED BY KODA ENTERTAINMENT
nickelodeon
DORA THE EXPLORER
LIVE!
Search for the City of Lost Toys
Based on the HIT SHOW on Nickelodeon
October 11 & 12
Bell Performing Arts Centre
Surrey
4TH SHOW ADDED
October 13
Queen Elizabeth Theatre
Vancouver
VIP PACKAGES AVAILABLE
ON SALE NOW!
For tickets call 1.855.985.5000
or visit www.ticketmaster.ca
www.DoraLiveCanada.com
MEDIA PARTNER
nickelodeon koba paquin 1035 CHFM
© 2013 Viacom International Inc. All Rights Reserved. Nickelodeon, Dora the Explorer and all related titles, logos and characters are trademarks of Viacom International Inc.

You could
WIN
advance screening passes to see
BATTLE OF THE YEAR 3D
No purchase necessary. Terms & conditions apply. For full contest details and conditions, visit clubmetro.com
VISIT clubmetro.com TO ENTER

Indigo bestsellers

NOW 40% OFF*

Our Top 20 are NOW 40% off. In-store. Every day.



1. MADDADDAM Margaret Atwood

Combining adventure, humour, romance, superb storytelling, and an imagination that is at once dazzlingly inventive and grounded in a recognizable world, *MaddAddam* is vintage Margaret Atwood, and a moving and dramatic conclusion to her internationally celebrated dystopian trilogy.

Last Week: 1 / Weeks on List: 3

2. THE SILENT WIFE A.S.A Harrison

An emotionally charged psychological thriller about a marriage in the throes of dissolution, *The Silent Wife* depicts a couple headed for catastrophe.

Last Week: 19 / Weeks on List: 3

This Week	Last Week	Weeks on List
3. NEVER GO BACK Lee Child	10	2
4. HOW THE LIGHT GETS IN Louise Penny	6	3
5. WINTER OF THE WORLD Ken Follett	2	3
6. INFERNO Dan Brown	15	17
7. THE CASUAL VACANCY JK Rowling	14	8
8. OMENS Kelley Armstrong	3	4
9. A HOUSE IN THE SKY Amanda Lindhout	5	2
10. THE INCONVENIENT INDIAN Thomas King	20	5
11. THE MAYAN SECRETS Clive Cussler	17	2
12. THE BONE SEASON Samantha Shannon	4	4
13. WAGING HEAVY PEACE Neil Young	12	7
14. THE END OF GROWTH Jeff Rubin	9	2
15. THE RETURNED Jason Mott	8	2
★16. STEVE JOBS Walter Isaacson	-	1
★17. THE WITNESS WORE RED Rebecca Musser	-	1
★18. THE ORENDA Joseph Boyden	-	1
★19. W IS FOR WASTED Sue Grafton	-	1
★20. STILL FOOLIN' EM Billy Crystal	-	1

Combined Fiction and Non-Fiction Bestsellers for the week, ending September 16th

★New this week

Indigo | Chapters | Coles | indigo.ca

Connect with us /chaptersindigo

*IN-STORE 40% discount applies to in-stock books featured on Indigo's Top 20 English Bestseller list at time of purchase at Indigo, Chapters or Coles locations. Bestseller list is determined by Indigo and gets updated regularly. Not valid in conjunction with any other offer or promotion excluding everyday irewards discount and cannot be used to adjust amount paid on previous purchases. Online 50% discount applies to irewards and plum rewards members - 45% off for non-members - on Top 50 Online Bestsellers as selected by Indigo.ca. Offers may change or end at any time without notice. Indigo, Chapters, Coles and indigo.ca are trademarks of Indigo Books & Music Inc.

Online Bestsellers. Top 50 are 50% off at **indigo.ca**

Boyden's book a life-long goal

The Orenda. Author says that latest work of fiction is the book he was 'meant to write'

Joseph Boyden. THE CANADIAN PRESS

Acclaimed author Joseph Boyden says his highly anticipated new novel, The Orenda, closes a chapter on a goal he's had his entire life.

On sale now, the story is an arresting fictional look at the sometimes brutal conflict between the Jesuits, the Huron-Wendat Nation and the Iroquois in the New World of the mid-1600s.

It's a rich period of history Boyden — who has Irish, Scottish and Métis roots — has been fascinated with since childhood, when he learned about it as a student at Toronto's Jesuit-run Brebeuf College School.

Boyden also spent his childhood summers on Beckwith Island in Ontario's picturesque Georgian Bay area. Beckwith overlooks Christian Island, where Hurons fled with Jesuit missionaries during battle with the Iroquois.

"I think it's one of a number of books I've wanted to write all my life," he said in a recent telephone interview. "But certainly it's one that I've thought about all of my life and wanted to write and had to wait until it was the right time to do it."

That time came after Boyden's novel Through Black Spruce won the 2008 Scotiabank Giller Prize just two years after his debut effort, Three Day Road, landed the Rogers Writers' Trust Fiction Prize and was shortlisted for a Governor General's Award. Both novels also explore aboriginal themes.

Boyden was of course thrilled to win the Giller, but he admits he became "depressed" after coming down from the high and feeling pressure to begin another project.

It took him two and a half years to write the first 50 pages of The Orenda, but then "the floodgates opened" and he went on to craft a nearly 500-page epic tale he feels is his "most accomplished novel."

"It's the first time I feel like I've matured finally as a writer," he said from New Orleans, where he lives when he's not in northern Ontario. "I'm not worried about the reviews; I'm not worried about any of it, because I really feel in my heart that this is the book I was meant to write, and it's a strong book.

"My wife, Amanda, who is my best editor, she thinks the same thing, so that makes me feel good as well."

The Orenda, which means "the soul" or "life force," details the first contact in Canada between Europe and aboriginal people through three main characters.

There's Christophe, a French Jesuit missionary determined to spread his religion to local tribes who call him "Crow" in reference to his flowing robe. Bird is the calculating Huron warrior leader whose wife and children died at the hands of the rival Iroquois.

And Snow Falls is the young and spiritually gifted Iroquois girl Bird kidnapped along with Christophe in an act of revenge against the Haudenosaunee.

As the grieving Bird tries to take Snow Falls in as his own daughter, she and Christophe integrate themselves into the Huron village that's part of five separate but unified nations on Wendake land that Samuel de Champlain wants to conquer.

The Hurons are key traders, but their fortunes begin to fall when drought and illness arrive along with the threat of war from the Iroquois. Meanwhile, Christophe begins to gain power as more of his missionaries arrive and help him set up their own village.

THE CANADIAN PRESS

GRANVILLE COLLEGE Est. 1982

The Original VOA® Program

Only 6 Months!

Veterinary Assistant Program

Full-time: October 7th

Part-time: October 19th

www.vet-assistant.com 604.683.8850

Read metro work every Monday and Wednesday for tips and trends in education and employment.

Only in Metro. News worth sharing.

John keen to be stuff of Legend

Q&A. R&B crooner John Legend talks about his new album, his upcoming wedding, Kanye West, achieving world recognition and the war in Syria

John Legend's latest and fourth album is called Love in the Future. THE ASSOCIATED PRESS

John Legend has one more thing to do before launching his fall tour: get married.

The 34-year-old R&B singer is engaged to 27-year-old model Chrissy Teigen, the subject of most of the romantic songs that make up his new album, Love in the Future, released last week. The wedding will be some time before he kicks off his tour Oct. 20 in Mashantucket, Conn., and marks a turning point for the piano-playing crooner, who since 2004's Get Lifted has been crafting songs about hook-ups, cheating and heartbreak as well as long-term commitment.

Appropriately, the nine-time Grammy winner's latest takes an overall more optimistic perspective on affairs of the heart, so much so that he says he's already considering how married life will affect his writing: "My fans probably don't want to listen to everything being awesome all the time."

Legend reconnected with longtime collaborator Kanye West for his fourth solo album, which includes hip-hop drum patterns and moments of humour the singer credits to West. Legend recently sat down with The Associated Press to talk about fame, stability, wedding plans and international policy.

Your fiancée is very witty on Twitter, and you slide some jokes into many of your songs. How important is humour to you?
Chrissy is hilarious and I'm a big comedy fan. We go to comedy clubs. ... I wish I was funnier myself. ... I surround myself with people who are different from me.

Do you want Kanye-level fame?
I want Kanye-level success. I don't think I'm craving any more fame. But success and being recognized for making great work all around the world, I think it's a great thing.

What's your vision for your wedding? What do you want from it?
I'm excited to get married, but I look at it as just a fun party where I want my friends to have a great time. ... I guess we should look good, too, so the pictures come out nice. But other than that, I feel like it's no pressure.

You're a supporter of President Barack Obama, but covered several anti-war songs from the 1960s and 1970s on the 2010 album you created with The Roots called Wake Up! Are you worried about U.S. military intervention in Syria?
I am not anti-war in general. I am just anti-wars that I think are not a good idea. I didn't think the Iraq war was a good idea. ... I do understand the impulse to want to punish countries for using chemical weapons. I do understand the humanitarian impulse when you see 100,000 people getting slaughtered ... but we have to be very cautious about getting into another long conflict in the Middle East. ... We know that al-Qaida's infiltrated the rebel forces in Syria. We know that either way, no matter who wins, there are significant groups within each side that might not be pro-America. So I think it's a very difficult decision to involve ourselves militarily in Syria.

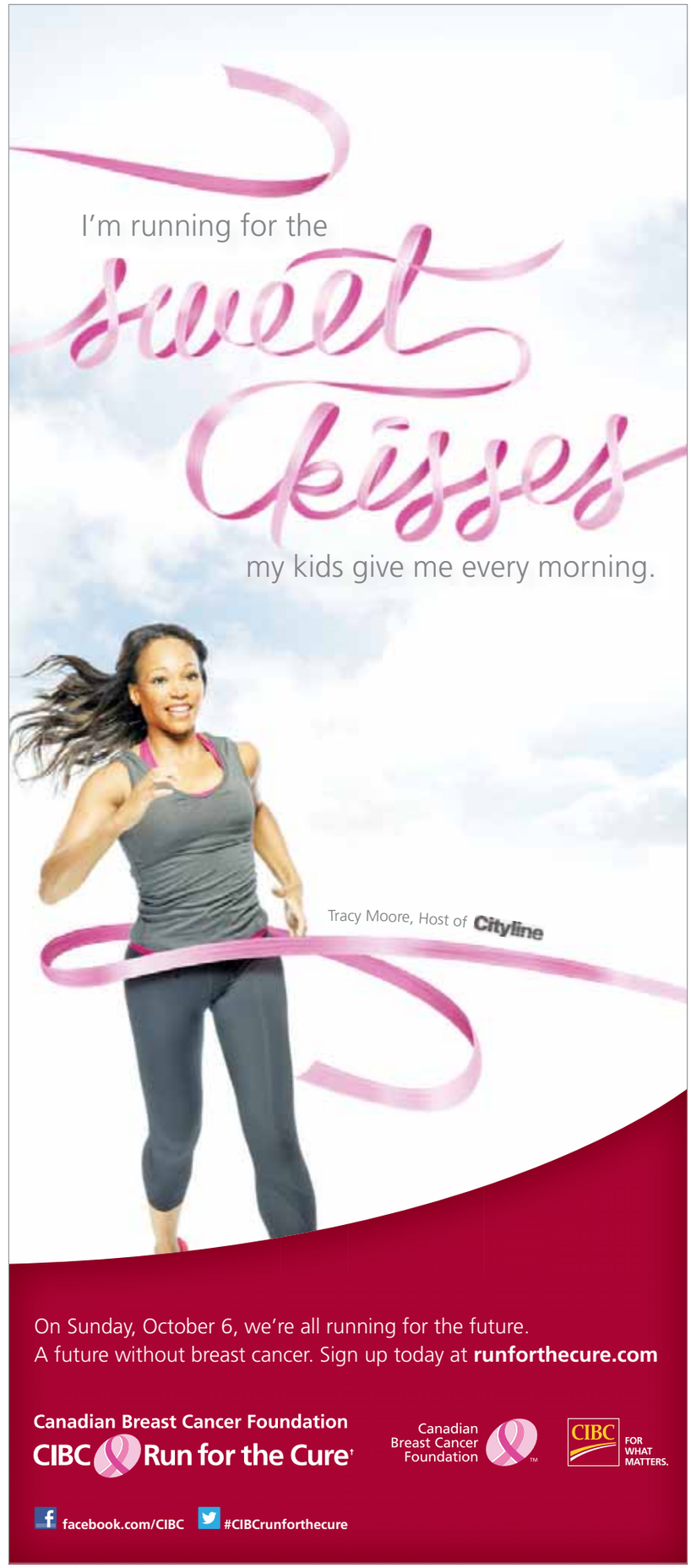
THE ASSOCIATED PRESS

NOW HIRING for UNIVERSITY STUDENT ONLY

Positions include:

- **Marketing internal planning team** – event planning, floor plan layout, sponsors coordinating
- **Promotional team**- selling tickets, Cashing out at 12:00 am event nights
- **Marketing management (supervisor)** - Clock in and clock out management, cash in and cash out management, daily ending report summary
- **Administrative assistant (Mandarin, Cantonese, Taiwanese, or Korean)** - Booking appointment for the managers, attending meetings as part of the vendor, record agenda minutes, consult daily ending summary report.

Please email resumes to: **infinitealadrianlam@live.com**


I'm running for the
sweet kisses
my kids give me every morning.
Tracy Moore, Host of Cityline
On Sunday, October 6, we're all running for the future.
A future without breast cancer. Sign up today at runforthecure.com
Canadian Breast Cancer Foundation
CIBC Run for the Cure†
Canadian Breast Cancer Foundation
CIBC FOR WHAT MATTERS.
facebook.com/CIBC
#CIBCrunforthecure
™Trademark of the Canadian Breast Cancer Foundation, used under license. †Canadian Breast Cancer Foundation, Run for the Cure and pink ribbon ellipse are trademarks of the Canadian Breast Cancer Foundation. "CIBC Pink Collection" and "CIBC For what matters." are trademarks of CIBC.

THE WORLD'S FAVOURITE REDHEAD COMES TO VISIONTV

Anne of Green Gables™

Weekdays at 3pm PT

"ANNE-A-GRAM" WATCH & WIN CONTEST!

Watch weekdays at 3pm PT and spot the Anne-a-gram puzzle. Solve it and enter for your chance to win a trip for 2 to Prince Edward Island.

redtag.ca VACATIONS "Where Canada Shops for Great Travel Deals"

PLUS A $2000 shopping spree of Anne of Green Gables, Road to Avonlea and Wind at My Back DVDs and merchandise at SHOPATSULLIVAN.COM

sullivan entertainment

VISIT clubmetro.com TO ENTER

VISION ZOOMERTV NEWS · MOVIES · MUSIC · FAITH

Shaw 120 | BellTV 261 | Telus Optik 156
Novus 24 | Shaw Direct 394 (N. Van. 24)
or check your local listings visiontv.ca

Vampire getting longer in the tooth

Modern Vampires of the City. As the band prepares to hit the road, Ezra Koenig and Rostam Batmanglij are right where they belong

PAT HEALY
Metro World News in Boston

Vampire Weekend has a new album out called Modern Vampires of the City. CONTRIBUTED

Vampire Weekend lyrics have always read a bit like witty TripAdvisor entries. Location is an essential part of the experience, whether it be the Cape Cod Kwassa Kwassa of their self-titled debut or the California English of 2010's Contra.

The band's latest release, Modern Vampires of the City throws in more geographical references than the first two albums combined. Anchorage, Oakland, Dar es Salaam, Providence, Phoenix and Santa Barbara all get lip service. Even though that could give the impression that the album is literally all over the map, the titular "City" they reference most is New York, and the collection of songs is possibly the band's most cohesive effort to date.

"On the first album, all of the places that I name checked in Cape Cod were places that I actually had been, albeit somewhat briefly," says singer Ezra Koenig.

He is sitting in a café down the street from his apartment on the Lower East Side. For a guy who sings with a band whose last two albums went to No. 1, he is comfortably anonymous in his neighbourhood. Only one passerby seems to slip into an "I know that guy from somewhere" expression.

"On the song Step on this album, there is a lot of name checking," Koenig continues, "and I've never been to someplace like Dar es Salaam, but part of that song is about somebody who in the beginning is talking about how they were going all of these different places, but really back at home is where they really have to figure things out."

It seems like Koenig spent a lot of time at home figuring things out.

The theme of mortality is persistent throughout Modern Vampires with a lot of breath spent on uncertainty about what may be next, after this album and after this life.

He says he feels like reflecting in this manner is almost a rite of passage for a band between albums two and three.

"Whether you're in college or in your early 20s doing whatever, there's a sense that it's an eternal springtime. And that's also true for a band that's making their first album. So we had that threefold: A bunch of young cats, fresh out of college, suddenly people have interest in our band," he says, reminiscing about Vampire Weekend's beginnings at Columbia University.

"Then when you do something a second time it's still exciting, and you're building and you start to get to the third time, and unless you're a total craven careerist, you're going to pause a little bit and be like, 'OK, so we're doing this for a third time. We're now five or six years older than when we started. Is this just a job? Are we just banging out products of varying degrees of quality, based on an initial template? Or are we trying to do something different?'"

He and songwriting cohort Rostam Batmanglij spent the better part of a year — writing songs and recording songs at Batmanglij's apartment under the Manhattan Bridge Overpass — making sure they were trying to do something different, and succeeding.

Immediate goal

Koenig's aim. He says his goal isn't to have the most recent album be everybody's favourite Vampire Weekend album, just somebody's favourite. "That's the hardest thing to pull off: Sometimes everybody likes the first album the best, a handful of people like the second album the best and nobody likes the third album the best," he says. "It's not because I have a chip on my shoulder that's like, 'I want people to like this album more than the first two!' I just want there to exist people in the universe who could feel that way.

15m views in 24 hours

Miley Cyrus GETTY IMAGE

Miley's Wrecking Ball smashes record

Sorry, Syria. Sorry, New York City mayoral race. Sorry, 12th anniversary of 9/11. It's all Miley, all the time. The singer's new video for Wrecking Ball, where she rides on a wrecking ball in boy underwear (or nothing at all!) and cries a lot and wags her tongue, is breaking page view records with a whopping 15 million views in less than 24 hours, according to video host Vevo. "Wrecking Ball has officially beat the @VEVO record. ??????????thank you smilerzzzzz" she tweeted.
METRO

Rihanna. Think star is falling in popularity? Facebook says think again

After Rihanna's disastrous 777 Tour earlier this year, it seemed that the singer's approval rating had sunk to an all-time low. Throw in the fact that she returned to the arms of Chris Brown, arms that were raised to beat her at one point, mind you, and you might think that nobody really liked Rihanna anymore.

But the Guinness Book of World Records announced last week that there couldn't be anything further from the truth. Ri-Ri was formally acknowledged as the "Most Liked Person on Facebook." At press time, 75,445,730 people have clicked that they like her.

Other new musical record-holders in the 2014 Guinness Book of World Records include Taylor Swift, who won the distinction of "First Solo Female with Two Million-Selling Weeks on the U.S. Albums Chart."
METRO

Rihanna has more 'likes' than any other musician on Facebook. GETTY IMAGE

YYOGA
30-day commitment
October 1–30th | starting at $100
space is limited sign up now
30 days • 30 classes • 2 pass options
yyoga.ca

AZUL BEACH BY KARISMA
Grand Prize features an AZUL BEACH HOTEL 7-night Gourmet Inclusive® vacation for your family in Riviera Maya, Mexico! With an intimate 148 suite beachfront setting, AZUL BEACH HOTEL [www.karismahotels.com] is the family-friendly, boutique-style property.
You could WIN one of 10 copies of "Super Buddies" on Blu-ray™ Combo Pack.
You could also win the SUPER GRAND PRIZE of the Blu-ray™ Combo Pack and an AZUL BEACH HOTEL getaway for your Super Family in Riviera Maya, Mexico!
AVAILABLE NOW
VISIT clubmetro.com TO ENTER
©Disney
No purchase necessary. Terms & conditions apply. For full contest details and conditions, visit clubmetro.com

SALES REPRESENTATIVE

Who We Are: Metro is Canada's most-read national daily newspaper brand. Metro targets YAMs (youthful, active metropolitans) and reaches more than 1.6 million readers daily and 3.9 million over the course of a week. Metro launched in Canada in Toronto in 2000 and in the spring of 2012, we launched in 6 new cities. In short – we're still growing!

When you join Metro, you become part of a cross-country community. We strive to provide a culture that is engaging, flexible and creative; we value our employees and their feedback. Metro offers a comprehensive compensation and benefit package.

Metro Vancouver is seeking an experienced sales professional to achieve regional targets for print & online and other performance metrics by developing new business.

PRIMARY RESPONSIBILITIES:
- Manage and grow an assigned retail sales territory
- Design advertising programs to reflect the clients' objectives
- New Business Development
- Creatively negotiate rates
- Sell a portfolio of Metro branded products

REQUIREMENTS OF THE POSITION:
- Post secondary education in a related field
- 3 years experience in sales/media sales
- Proficient in Microsoft Office applications
- Creative, efficient, flexible & detail oriented
- Strong verbal and written communication skills
- Proven track record in profitable selling

Interested individuals who possess the skills described above are requested to submit their resume and cover letter via email to hr@metronews.ca no later than September 13, 2013.
PLEASE QUOTE: "Sales Representative – Vancouver" in the subject line.
All submissions will be treated as confidential.
metro

Zoe Saldana. ALL PHOTOS GETTY IMAGES

Who-knew nuptials: Saldana weds Italian artist in hush-hush ceremony

Zoe Saldana was quite sneaky this past weekend, marrying Marco Perego in a super-secret ceremony in London before anyone could catch wise, according to Us Weekly. "It was super small but very romantic and beautiful," says a source of the ceremony, which was attended by just family and a handful of close friends. Saldana and Italian artist Perego "have known each other for a long time," the source explains, but they hadn't been officially linked until May.

Crushing in Canada: Swift snuggles up to Aussie actor at TIFF party

Taylor Swift may have found a new man in Australian actor Brenton Thwaites. The pair met at a private party at the Toronto International Film Festival earlier this week and spent some time getting to know each other, according to People magazine. Swift and Thwaites nestled into a booth at the Soho House for an hour chatting and "making each other laugh," a source says. Thwaites "had his arm around her back. She touched his leg a few times. They seemed very into each other."

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word

How much to canoodle with KStew? Try half a million

MELINDA TAUB
Metro World News in NYC

Everyone has a price, even Kristen Stewart. And as a New Yorker, I couldn't be more pleased that she does.

In a New York Times article on Harvey Weinstein, the film mogul mentions that he managed to line up a Saudi prince who promised to make a sizable donation to Hurricane Sandy relief efforts — if the Twilight star would hang out with him. When Weinstein got in touch with her, she had a question: How much?

Weinstein drove a hard bargain, settling on $500,000, paid in advance. Stewart then agreed to hang out with the prince for 15 minutes.

With hurricane season upon us once again, I call for all our Kristen Stewarts to be on high alert in case they're needed for some emergency shmoozing — especially since she'll be busy in the near future.

The Twilight star has enrolled in a correspondence course at UCLA, where she plans to study English literature.

"Yes, Kristen's a Tinseltown actress worth millions, but she is already considering a life after film. She never got to complete college and she wants to get a proper education," a source tells the Daily Mirror.

John Krasinski and Emily Blunt

Baby Blunt watch: Actors expecting their first bundle of joy

Emily Blunt and John Krasinski are set to become parents for the first time, as Blunt is pregnant with their first child and is due in just a few months, her rep confirms to Us Weekly. "They both want kids. It's one of the reasons they got a bigger place, in a neighbourhood that you can raise a family," a source says. "They both couldn't be more excited."

Walking with the stars: Famous faces sign up for charity challenge

Prince Harry has some stiff competition for his upcoming charity race to the South Pole, as True Blood star Alexander Skarsgard has signed on to the American team competing in the Wounded South Pole Allied Challenge, a 208-mile trek that raises funds for military charities, according to USA Today. Skarsgard and Harry will be trekking alongside wounded military personnel from their respective countries. "I'm honoured to be working and training alongside these soldiers to raise money and awareness for this very worthy cause," Skarsgard says in a statement.

Get 18,500 SHOPPERS OPTIMUM BONUS POINTS® WHEN YOU SPEND $75 OR MORE ON ALMOST ANYTHING IN THE STORE.*

SATURDAY, SEPTEMBER 14 TO TUESDAY, SEPTEMBER 17

THAT'S A $25 SAVINGS VALUE!

FREE feels good™

SHOPPERS DRUG MART

*Offer valid on the purchase total of eligible products using a valid Shoppers Optimum Card® after discounts and redemptions and before taxes. Maximum 18,500 points per offer regardless of total dollar value of transaction. Excludes prescription purchases, products that contain codeine, non-pointable items, tobacco products (where applicable), lottery tickets, stamps, transit tickets and passes, event tickets, gift cards, prepaid card products and Shoppers Home Healthcare® locations. Offer applies to photofinishing services that are picked up and paid for on the day of the offer only. Not to be used in conjunction with any other points promotions or offers. See cashier for details. Shoppers Optimum Points® and Shoppers Optimum Bonus Points® have no cash value but are redeemable under the Shoppers Optimum and Shoppers Optimum Plus programs for discounts on purchases at Shoppers Drug Mart. The savings value of the points set out in this offer is calculated based on the Shoppers Optimum Program® rewards schedule in effect at time of this offer and is strictly for use of this limited time promotion. The savings value obtained by redeeming Shoppers Optimum Points will vary depending on the Shoppers Optimum Program reward schedule at time of redemption and other factors, details of which may be found at shoppersdrugmart.ca. ® 911979 Alberta Ltd.

Target goes out on a Lim with collection

Romancing the masses. Designer says he's as passionate about creating a $29.99 shirt as he is about one for $299

TINA CHADHA
Metro World News in NYC

Phillip Lim believes you're just as busy as he is. It's why the designer — whose hotly anticipated 3.1 Phillip Lim collection for Target hits stores Sunday, just five days after the Spring ready-to-wear line debuts at New York Fashion Week — created an affordable fall line perfect for people on the go. We nailed down Lim to talk about his design process, why menswear is important and how to keep essentials from being boring.

Congratulations on the Target collaboration! What was your main objective for the line?
For me, it was about creating a chic, easy and cool collection for real people. I focused on the idea of a romanced reality and having ideas, products, clothes and accessories on the go for this romance.

Lim's 100-piece offering consists of chic, understated essentials you can rely on for just about any occasion — there's even a grab-and-go pack with underthings for those surprise last-minute trips. GETTY IMAGES

How would you describe the codes of the 3.1 Phillip Lim brand?
Phillip Lim is designed for the global citizen on the move with understated, elegant clothes that imbue a strong sense of discovery with hidden details just for the wearer.

Your Target line has a strong focus on menswear. Why was it important to include the guys?
Men are embracing fashion more and it was important to me that I create a collection for both men and women to easily incorporate into their wardrobes and their everyday lives.

Retail reminiscence

Do you still shop at Target?

- Yes, Target has just about everything. As a child, I remember Target as that place to get everything and just thinking, "they have everything here, all the dreams are here!"

The collection is full of practical-yet-cool essentials. How did you keep these pieces from being boring?
When in doubt, you can never go wrong with solids. It's important to stock up on chic basics as they cannot only be worn at different hours of the day, but also from season to season. Once that foundation was established, I sprinkled in things or ideas from my own collection.

How did you choose to bring back certain pieces from your main line such as the comic book motif and colour block pastels?
I took inspiration from archival pieces that we thought would also be of interest to Target's guests. All in all, designing the collection was a very similar process to that of my main collection, because in the end, I put the same amount of passion, energy, spirit, and time into designing the $29.99 shirt as I would for the $299 shirt.

It's been a busy year for you. After your show wraps, what are your plans?
Hopefully I will be off on the beach somewhere!

Model call

Erin Wasson. GETTY IMAGES

In the moment with Erin Wasson

We caught up with the model at Vevo and Style Network's Styled to Rock party to find out about her runway outing at Alexander Wang and her fall wish list.

What are you looking forward to wearing this fall?
"I love outwear. I love a good jacket. I love a good boot. It's a time where you get to personify fashion because you get to create more layers."

What's on your fall shopping list?
"I just moved into a new house four months ago. So I'm obsessed with interior design right now. I geek out about lighting fixtures."
MWN IN NYC

Trends Report

- The popular shape of eyebrows evolves endlessly, from caterpillar-thick to super skinny arches and everything in between. Go online to see what the latest look is as seen on two current 'it' girls in film and fashion and let me know which eyebrow shape you prefer.

metronews.ca/voices/trends-report

Follow Irene on Twitter at @MetroIreneK

UNLIMITED DATA, TALK & GLOBAL TEXT.

Unlimited plans keep you inseparable. $33 per month for a limited time

WIND® true mobile freedom™

Offer valid from August 8 – September 30, 2013 or prior notice of termination on windmobile.ca. All unlimited plan features are available from anywhere on our network, otherwise roaming rates apply. Cannot be combined with the Bring/Buy Your Own Phone offer. For eligible customers and devices, this plan may be activated in conjunction with WINDtab. Additional terms and conditions apply for WINDtab. This plan is available only as long as you keep the plan without interruption. Available to individual new customers and, under certain conditions, to existing customers. All services subject to WIND's Terms of Service, Fair Usage Policy and Internet Traffic Management Policy and are for personal use by an individual. Conditions apply. Applicable taxes extra. Learn more at windmobile.ca. Samsung and Samsung Galaxy S4 are trademarks of Samsung Electronics Canada, Inc. and/or its related entities used with permission. Screen images simulated. WIND, WIND MOBILE, WINDtab and true mobile freedom are trademarks of Wind Telecomunicazioni S.p.A. and are used under license in Canada by Globalive Wireless Management Corp. © 2013 WIND Mobile.

When to add an accent

One of these walls is not like the other — and that's a good thing.

DESIGN CENTRE
Karl Lohnes
home@metronews.ca

Accent walls can define a focal wall where a television sits, highlight a piece of art or simply change the mood of a room by injecting a small amount of colour on one of the walls.

Wondering about which wall in your house might be perfect for a splash of colour? Consider these ones: behind the headboard in the bedroom, where the mirror hangs in the bathroom or the wall the television or fireplace sits on in the living room.

Areas not to paint an accent wall are: a powder room, kitchen or foyer; keep all of those walls the same colour.

For less than $100 and an afternoon you can add a colourful accessory that can be changed as often as the trends change.

This fall, look for either dramatic tones or pretty colours to add an update to your rooms.

Fashion

Para's Meritage PF20: The Merlot and burgundy colours are all over the fall fashion runways, so why not be ahead of the herd and add it to one wall? Looks best with: navy, gold, dark grey, deep green. para.com.

Dark

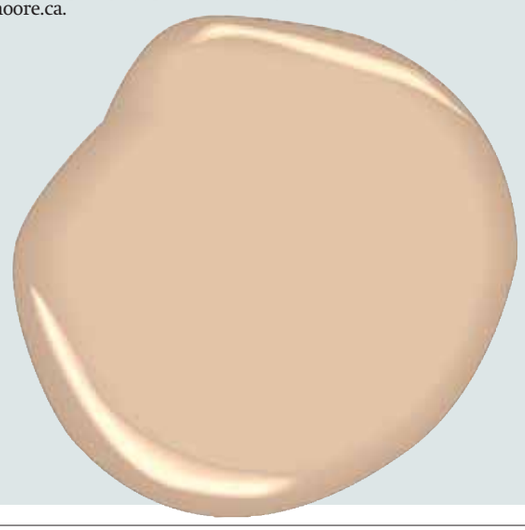
Farrow & Ball's Stiffkey Blue 281: This is the easiest way to add a sense of importance and tradition to a modern space. This deep teal-grey blue looks great with pale blue or grey, deep brown and brassy gold; farrow-ball.com.

Neutral

Colour Your World's Pasture Green Fresh: This warm green colour will perk up a dark space and bring the colour of nature inside. Looks best with rust, taupe, off white and cream. dulux.ca.

Pastel

Benjamin Moore's Sycamore CC-350: Soft, pastel-like colours are predicted for spring, so get a jump on it. This peachy-taupe looks best with pale grey, pool blue, soft yellow and black. benjamin-moore.ca.



A ROOM WITH A VIEW GETS DRAMA ADDED WITH A DEEP PURPLE-GREY ACCENT WALL. BEHR'S MAHARAJA 620F-7, BEHR.COM

AutoCAD Drafting Technicians Earn an Average of $26.79/Hour
BRIGHTON COLLEGE
AutoCAD Training Programs
• 13 Week Certificate • 100% Practicum Placements
• 32 Week Diploma • Flexible Schedules
Learn more at our FREE info sessions every Monday and Wednesday at our Burnaby campus.
DRAFTING & DESIGN TRAINING
Take the next step in pursuing a career as an AutoCAD Drafting Technician!
*Statistics have been acquired from WorkBC. Low Wage: $16/hr. High Wage: $40/hr.
Call today 604-901-5121 BrightonCollege.com

BALANCE

Microsuites, 1 & 2 Bedroom condos | #114 -10768 Whalley Blvd., Surrey
604.424.8900 • www.liveatbalance.com

JADE

Customized luxury townhomes and garden flats
Register for VIP priority
Richmond. 9691 Alberta Rd. Richmond.
www.jadeliving.com

This is not an offering for sale E.&O.E.

Quattro3
be connected

Yaletown inspired condos & loft townhomes. #127-10788 Whalley Boulevard, Surrey 604.581.8000
www.quattroliving.com

ENGLISH MEWS

3 bedroom townhomes,
#22 - 111 Ewen Avenue,
New Westminster 604.517.1688
www.englishmews.com

TIEN SHER
GROUP OF COMPANIES

please visit us at TIENSHER.COM

Furniture bridging gap between function, art

Design. Custom pieces that consider function and esthetics are attracting buyers

It was function, not art, that led Christina Hilborne to a career as a furniture designer and maker. Yet the custom furnishings created by her and others, which bridge the gap between function and art, have also piqued a growing interest among those willing to invest.

"I was living with a roommate at the time and we were poor," said Hilborne. "We needed a recycling bin, and I decided to make one."

It was the first thing the Victoria-based designer and maker had created, and the experience was so gratifying she immediately enrolled in a pre-apprenticeship program in bench work and joinery followed by apprenticing as a cabinetmaker.

Even though it was the act of making that led Hilborne to her career, she doesn't just consider the purpose of a piece before she creates one.

"I consider function, esthetics and ethics," she said. "I first think about what materials I can use that are considerate to the planet, and how I can best use them so I don't waste much."

The materials Hilborne chooses for their environmental impact also affect the look of the piece, but she is careful not to call herself an artist.

"I have a lot of friends who are artists and I wouldn't be so arrogant as to count myself among them," she said.

"They are painters and sculptors and I really don't feel that I am of that calibre. I am a maker or creator because I do design, but I also make."

Vancouver furniture designer and maker Christian Woo agrees with Hilborne's feelings about identifying himself as an artist.

Woo — who had been woodworking since before high school — has gained a reputation for his minimalist, modern pieces.

Victoria, B.C.-based furniture designer Christina Hilborne's Eureka desk is shown in a handout photo. It was function, not art, that led Hilborne to a career as a furniture designer and maker.
CONTRIBUTED

"I collect art from friends and they are mainly paintings, and photographs, but there is definitely an artistry in the things I am producing," said Woo.

"There is much time spent in the overall composition of my pieces and so if I think in those terms there is definitely an artistry in the work."

Customers are noticing the artistry in furniture by designers like Woo, and are beginning to collect it like they would art.

"I know from working with clients and having my pieces purchased, good furniture and a good piece of design really is functional art," he said.

"I think it's a good place to park your money if you want something beautiful, that works and enhances your home."

But small manufacturers are still facing the challenges of customers wanting identifiable pieces like the iconic Eames chair, created in the 1950s out of plywood and leather.

Thinking long term

"When I'm designing and making something I ask, 'How will this fare and how will this look in 20 or 30 years."

Vancouver furniture designer and maker Christian Woo

Even though purchasing high-quality pieces requires a financial investment, Woo said people are starting to see the value in limited-edition or custom furnishings.

"By and large I think people are happy and interested in owning and collecting because these pieces are really designed to be collected and to last," he said.

"That's a huge part of what I do. When I'm designing and making something I ask, 'How will this fare and how will this look in 20 or 30 years.'"

THE CANADIAN PRESS

CHEVROLET

CANADA WIDE CLEARANCE

2013 SILVERADO THUNDER EDITION EXTENDED CAB

UP TO $13,050** PLUS FINANCE FROM 2.99% FOR 84 MONTHS‡

IN VALUE ON 2013 SILVERADO THUNDER EDITION EXT CAB

INCLUDES
$10,500 DISCOUNT ON LIGHT-DUTY EXTENDED CABS**
+ $1,550 THUNDER EDITION PACKAGE CREDIT**
+ $1,000 TRUCK BUCKS FOR CURRENT PICKUP OWNERS**

SILVERADO THUNDER WITH OPTIONAL 20" WHEELS SHOWN

ACT NOW WHILE QUANTITIES LAST

CHEVROLET.CA

ON NOW AT YOUR BC CHEVROLET DEALERS. Chevrolet.ca 1-800-GM-DRIVE. Chevrolet is a brand of General Motors of Canada. (‡**††)*Offers apply to the purchase of a 2013 Chevrolet Silverado Thunder Extended equipped as described. Freight included ($1,600). License, insurance, registration, PPSA, administration fees and taxes not included. Dealers are free to set individual prices. Limited time offers which may not be combined with other offers, and are subject to change without notice. Offers apply to qualified retail customers in BC Chevrolet Dealer Marketing Association area only. Dealer trade may be required. Limited quantities of 2013 models available. GMCL, RBC Royal Bank, TD Auto Financing Services or Scotiabank may offer alternate or terminate offer in whole or in part at any time without notice. Conditions and limitations apply. See Chevrolet dealer for details. **For retail customers only. $10,500 manufacturer-to-dealer cash incentive purchase assistance on 2013 Silverado 1500 Extended Cab LT, LTZ, High Country, Thunder and WT models. Not available on 2013 Silverado 1500 Regular Cab, 2013 Silverado 1500 Double Cab, 2013 Silverado 2500HD or 3500HD models. $1,550 credit applies to 2013 Silverado 1500 Thunder Package (RTS) models. $1,000 credit applies to 2013 Silverado 1500 LT, LTZ, High Country, Thunder and WT models. Truck Bucks offer only valid from September 4, 2013 to September 30, 2013 (the "Program Period") to retail customers who own or are currently leasing (during the Program Period) a GM or competitor pickup truck to receive a $1,000 credit toward the purchase, finance or lease of an eligible new 2013 or 2014 Model Year GMC Sierra Light Duty, Chevrolet Silverado Light Duty, Chevrolet Heavy Duty, or 2013 Chevrolet Avalanche. Only (1) credit may be applied per eligible vehicle sale. This offer may not be redeemed for cash and may not be combined with certain other consumer incentives available on GM vehicles. The $1,000 credit includes RST/GST/PST as applicable by province. As part of the transaction, dealer will require current registration and proof of ownership of competitive vehicle. Not all customers will qualify. Dealer may limit number of units sold to each customer. ‡2.99% purchase financing offered on approved credit by RBC Royal Bank/TD Auto Financing/Scotiabank for 84 months on new or demonstrator 2013 Silverado Extended Cabs. Rates from other lenders will vary. Down payment, trade and/or security deposit may be required. Monthly payment and cost of borrowing will vary depending on amount borrowed and down payment/trade. Example: $910,000 at 2.99% the monthly payment is $12 for 84 months. Cost of a borrowing is $1,095, total obligation is $11,095.

MOVE IN READY

PACIFIC pt.

SOPHISTICATED YALETOWN

SUMMER PROMOTION
10 SUITES ONLY!

DOWNTOWN'S FASTEST SELLING PROJECT.
VISIT US TODAY AND SEE WHY!

Prime Yaletown location featuring stunning views of False Creek, English Bay & city lights

LUXURIOUSLY SPACIOUS VIEW HOMES

5 FULL DISPLAY SUITES

Presentation Centre:
1323 Homer Street, Vancouver
Open daily 12 - 5pm except Fridays
604 685 0855
PACIFICPOINTCONDOS.COM

1 BEDROOM + DEN
730 sqft from $409,900

JR. 2 BEDROOM + DEN
925 sqft and up, from $539,900

2 BEDROOM + DEN
1,075 sqft and up, from $669,900

NAT BOSA VALUE ASSURANCE

magnum BOSA LEGACY

This is not an offering for sale. Any such offering can only be made by way of disclosure statement. E.&O.E.

When the home office is also the laundry room

A coffee table with a lift top designed to accommodate working at a computer or eating. THE ASSOCIATED PRESS/CONTRIBUTED/UNIVERSAL FURNITURE

Dual-purpose rooms. Today's furniture is multi-tasking furniture

Washing clothes in the bedroom. Sending email from the laundry room.

Busy people are demanding more from each room in the house, and spaces designed for multiple functions are popping up all over floor plans, design blogs and magazine spreads.

"People multitask all the time. There is a definite correlation and carry-over in the home," said Wendy Danziger, owner of Danziger Design in Bethesda, Md. She has helped clients create rooms for eating and watching television; housing guests and working from home; sleeping and doing laundry.

Some homebuilders have added space for seating, desks and charging stations in the laundry room.

"It's happening all over," Danziger said. "There's a lot of strategy that goes on — a lot of compromise."

Furniture manufacturers, too, are helping to make every square inch count, said Pat Bowling, spokeswoman for the American Home Furnishings Alliance in High Point, N.C. Modern pieces include end tables that double as file cabinets, coffee tables with adjustable heights to accommodate working at a computer or eating, and chests with docking stations for electronics.

The portability of laptops, tablets and other devices means you don't need a dedicated home office to work at home. People can — and do — use electronics in the family room, bedroom and kitchen.

"Today's furniture is multi-tasking furniture that can help you stay organized, stay connected and keep clutter at bay," said Kim Shaver of Hooker Furniture in Martinsville, Va. "In versatile styles and silhouettes, these pieces fitany room — from the kitchen to the bedroom and from the family room to the entry hall or foyer — and provide multiple functions in each room."

Danziger says a console table with hinged leaves is a good option for a TV room that sometimes needs to become a dining room: When guests come for dinner, just slide the table away from the wall under the television and extend the leaves to create a table that seats up to six people.

Nesting tables — stacking tables of different sizes — also help increase the functionality of a space, she said. She often puts them on wheels so they can easily be rolled to another area of the room for another use.

She has worked with retirees downsizing to a smaller home and with young professionals squeezed into urban apartments.

"Once home offices were the rage," she said. Now, "it is not unusual to see living spaces where people eat, sleep, work and play games-just for the sake of living in a city where one can walk to everything, including their office."

THE ASSOCIATED PRESS

ADESA RICHMOND
REPO & CONSIGNMENT AUCTION
200+ VEHICLES!
SATURDAY, SEPTEMBER 14TH • 10AM
COME SELL YOUR VEHICLE AT OUR AUCTION!
✓ Free Appraisal ✓ You Set The Final Price ✓ No Phone Calls
✓ No Strangers At Your Door ✓ Hassle Free, Guaranteed Payment
✓ It's Easier Than You Think
CANADA'S LARGEST WEEKLY AUCTION
Every Wednesday at 7 p.m.
And Saturday at 10 a.m.
ADESA RICHMOND
16179 BLUNDELL ROAD, RICHMOND, BC • ADESARICHMOND.CA • 604.233.7333

Dual-purpose

Getting use out of the space

Frank Pitman of Frank Pitman Designs in Orange County, Calif., also has seen the trend. "There's a lot of dual -purpose space happening," he said.

He has had a growing number of clients putting laundry facilities in their bedroom closets. "They are already storing the clothing there. Why not wash the clothing right there?" he said.

Some of his clients like having a room's secondary use come as a surprise: Television or computer screens that seem to "appear from nowhere" are good examples, he said.

Murphy beds, which are stored vertically in a cabinet along a wall, or murphy desks, which slide out bookshelves, are another way to keep a space's other function hidden.

Often the need to get more use out of a space arises when an elderly parent joins the household, a grown child returns home or a young family hires a live-in nanny, said Amy Albert, editor of Custom Home Magazine in Washington, D.C.

"Multiple generations needs multi-functioning space," she said.

SOLO DISTRICT SETS A NEW RECORD

THE FASTEST SELLING HIGH QUALITY COMMUNITY 350 SUITES SOLD

The majority of buyers will call this community home (versus simply investing) – this is a breakthrough in real estate history

SOLO™ DISTRICT

THE JIM BOSA PERFECT HOME OWNERSHIP PLAN

To create this iconic community of intelligent owners, Jim Bosa's Appia Development introduces the PERFECT HOME OWNERSHIP PLAN to enable buyers to own and live in the Community.

FOR THE NEXT 75 QUALIFIED BUYERS*, GROUNDBREAKING INCENTIVES INCLUDE THE FOLLOWING OPTIONS:

- **Mortgage Payment Savings of up to 40%**
- **A "Commute Subsidy" For Those Who Commute Beyond A 3 Kilometre Radius From SOLO District**
- **No Payment For 120 Days**
- **Cash Subsidies Worth Thousands Of Dollars**

REGISTER NOW TO BE ONE OF OUR 75 PERFECT HOME OWNERSHIP BUYERS

COMING THIS FALL SOLODISTRICT.COM

604.298.8800 · LOUGHEED & WILLINGDON · 9 FOOT CEILINGS · CENTRAL AIR CONDITIONING
GEOTHERMAL HEAT EXCHANGE · PANORAMIC VIEWS · STEPS TO SKYTRAIN – DOWNTOWN IN 20 MINS

FORTIS BC™ magnum projects ltd. APPIA DEVELOPMENT BUILDING ON THE BOSA LEGACY

*Conditions and restrictions apply. This is not an offering for sale. Any such offering can only be made by way of disclosure statement. E.&.O.E.

Pass the salt and get out of my office: The art of creating a work space at home

Live-work. Working from the house means needing a place that is practical and functional

The digital age has created various new career opportunities including an increased demand for those who can integrate live-work spaces.

"I think live-work spaces are becoming more common because technology allows for that," said Peter Schinning, architectural designer and owner of SOS Design.

Schinning's design firm specializes in practical spaces that often maximize a small footprint of as little as 186 square metres (2,000 square feet).

Designing live-work spaces like the one he uses in his home or another he created for a Victoria graphic designer means maximizing the efficiency of the space.

"When you have to live and work in the same place it has to be practical; it has to be very functional," he said. "Another thing is if you work from home, for us, for example, it means we have no transportation to go to work. We don't have to worry about that."

Schinning, like many other entrepreneurs who have chosen to combine their living and work spaces, did so because his work schedule didn't fit the traditional 9-to-5 office hours. He often found himself working at odd hours and it was more practical to walk downstairs than commute to an office.

"I often work late into the night and work when I need to work," he said. "Except for brief moments in my life, I've mostly worked from home."

While practicality is an important part of creating live-work spaces, Jason Halter, architect and owner of Toronto's Wonder Inc., said creating distinctions between private and work areas is also necessary.

Interest in live-work spaces has increased. VERONIQUE DA SILV/THE CANADIAN PRESS

"You always need to step away from where you are immediately working, but it also doesn't really make sense to put a bed in the middle of your studio, whether you're an artist or a welder," said Halter.

According to Halter an advantage for artists who choose to inhabit live-work spaces is having immediate access to projects being worked on.

Halter designed a live-work space for Winnipeg artist Kent Monkman. In what was a former industrial garage, Halter used his background in sustainable design to create an efficient space that functioned as a home and an artist studio.

In addition to installing a green roof, beautiful concrete floors and a Douglas fir staircase to a loft bedroom and private space, Halter said maximizing the light was essential in Monkman's home.

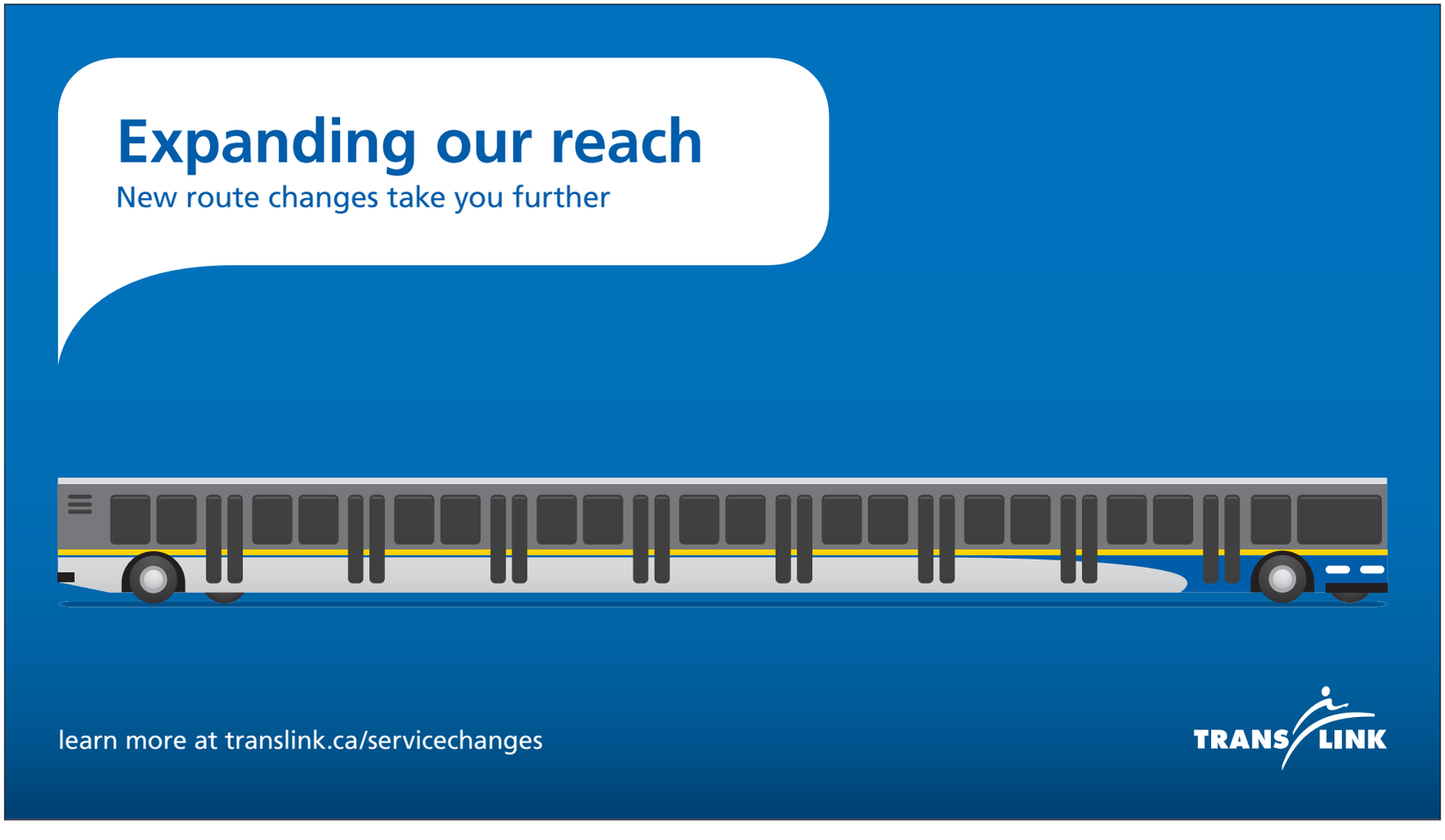
"Part of the challenge was that (Monkman) at the beginning didn't know if it was going to be part studio or all studio," said Halter. "It quickly became clear that he needed more light and we added more skylights to create lighting in an interesting way.

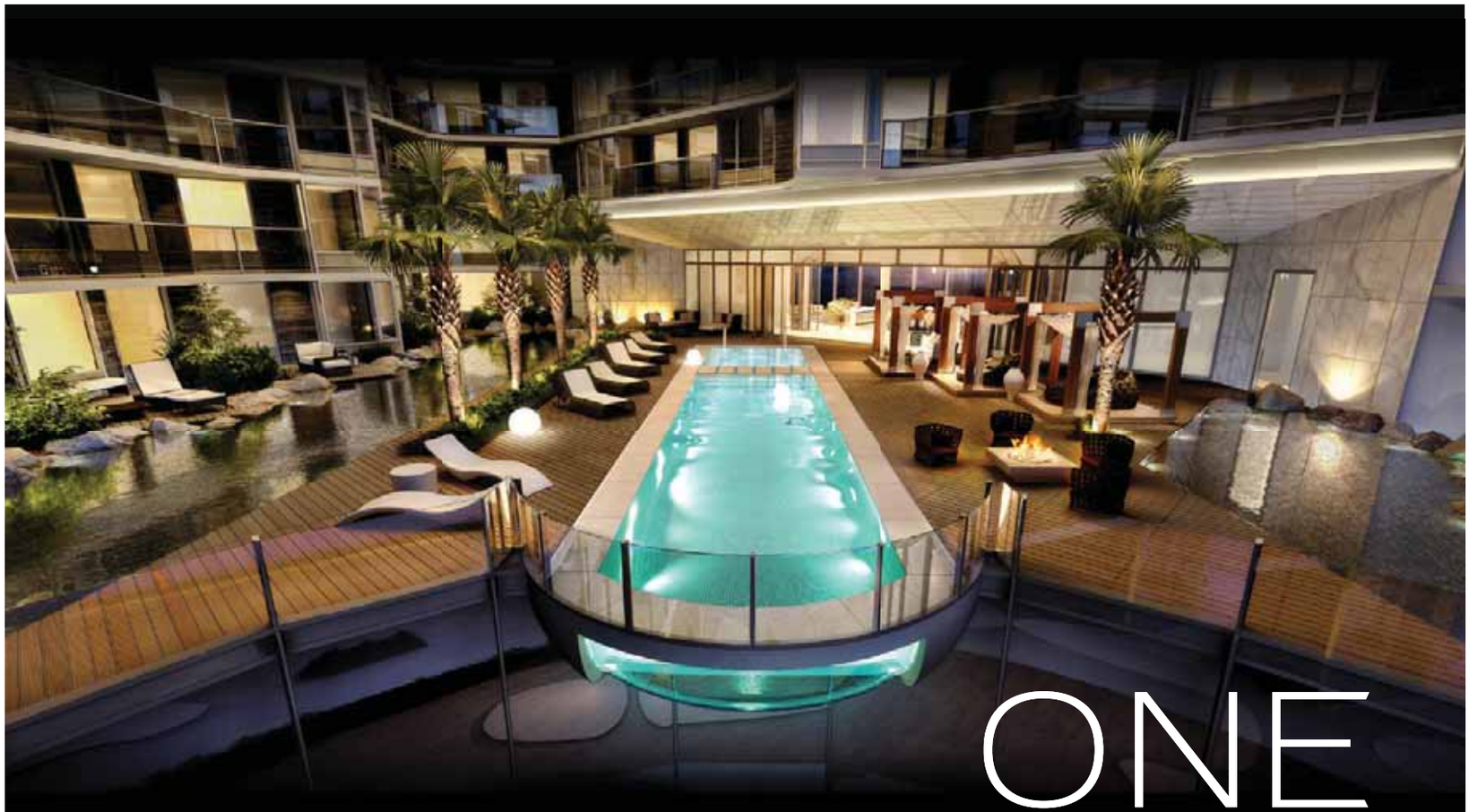
"Lighting plays a considerable role in a space like this for a visual artist like Kent."

Even though interest in live-work spaces has increased, Halter said he's had a passion for them ever since living in one himself while living and working in Vancouver.

"I think certainly working from home in the Internet age is one of the best outcomes that we could kind of conceive of," he said.

THE CANADIAN PRESS





ONE PACIFIC

One Address. Unlimited Possibilities.

A landmark location on Pacific at Nelson, just one block from the seawall, Coopers' Park, Quayside Marina, Yaletown, the Davie Street shops and the exciting entertainment district. One Pacific features a host of extraordinary amenities on the ritzy Riviera Deck including a stunning overhanging glass swimming pool, cabanas, hot tub and fireside lounge outside, and a gourmet kitchen with tasting bar and grand dining hall inside. The amenities extend to the Sky Garden which features a roof top garden, barbecue and dining area. A grand lobby with concierge is where the luxury begins and it extends into every suite with over height ceilings, air conditioning, integrated Miele appliances and a selection of opulent finishes. All of this, together with the on-site retail services - a café, restaurant and a 25,000 sq. ft. state of the art athletic club - ensure One Pacific residents receive a genuine 5-star living experience.

SALES CENTRE:
88 Pacific Blvd.
(on Pacific at Carrall)

10 AM - 5 PM Daily

FIRST RELEASE FALL 2013
(WEST BLOCK)

LiveOnePacific.com
604.899.8800

All illustrations reflect the artist's interpretation of the project and do not take into account neighbouring buildings, physical structures, streets and landscape. These matters will be governed by the terms of the applicable Disclosure Statement in each case. Prices and availability are subject to change without notice. Prices quoted are exclusive of any tax and may reflect various inclusions or exclusions in the offer including but not limited to finishing details and parking provisions. Please check with the Developers' representatives for further details. This is not an offering for sale. Any such offer may only be made with the applicable Disclosure Statement and Agreement of Purchase and Sale. Concord One Pacific LimitedPartnership.

CONCORD PACIFIC

If you hang it — tastefully — they will see, and maybe like it

Collage. Showcase your personal treasures and create great art at the same time

Those beautiful summer vacation photos are in a cardboard box. Somewhere.

The souvenirs you picked up on that overseas trip years ago are jumbled in a drawer. Your collection of (fill in the blank) is in the kitchen cupboard.

One clever way to display the collection it is to mount shelves or frames on a wall and fill them with whatever pleases you. Decorators call it a salon wall, and it has origins in 17th century Paris, when the Royal Academy held exhibitions, or "salons," to showcase student work. Their art would be mounted in a closely knit configuration.

A visually balanced arrangement is what you're after, says New York interior designer Elaine Griffin.

"It's the eclecticism — photos with found objects, for example — that makes it beautiful and stylish," she says. "Every element should speak to you or tell you a story."

To create a salon wall, plan carefully. Lay out the arrangement on the floor first, and then transfer it from the floor to the wall, piece by piece. "Start at the centre of the composition and work your way outward, a little bit in each direction, left, right, up, down," Griffin says.

Spacing doesn't need to be the same around all objects, but it can look better when it's equal around an individual element. Use a geometric shape — square, circle, triangle or diamond — as a loose basis for your arrangement.

Create an axis in the centre of the wall, a focal point from which all the elements radiate, Griffin advises. Laying the idea out on a template — a piece of art paper on which you draw the shapes — will help consolidate the finished look.

"It's nice if you have the entire collection for a wall ready to hang at once, but you don't have to — you can install as you collect," Griffin says.

David Kassel, a collage artist in New York City, creates salon walls for designers like Bunny Williams, Jamie Drake and Jeffrey Bilhuber. Through his company, ILevel, he'll put up anything a client gives him, but also offers his own collections: exotic turtle shells, vintage medicine bottles, colorful plates, even a framed set of 1940s Rorschach ink blots.

"For small objects you can use shadow boxes. Sconces are a wonderful way to display bottles, vases, rocks or any three dimensional objects. You can choose from simple contemporary wall wedges or more traditional options like carved, gold-leaf sconces," Kassel says.

If you want to turn your wall into a photo gallery, hanging the pictures without frames creates a clean look that lets the pictures pop, says Jeff Southard, a spokesman for Collagewall.com, which helps clients create photo walls. Avoid hanging several versions of the same picture, he says; instead, use a variety of close-ups, action shots, etc.

"Given the choice between a perfect bland photo and a flawed, energetic one, go for the lively one," Southard says.

THE ASSOCIATED PRESS

ALL PHOTOS THE ASSOCIATED PRESS/ILEVEL INC.

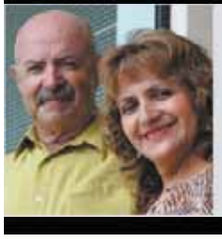
Tortoise shells

Hat photographs

Vintage medicine bottles

Vintage plates

Day of Miracle
WWW.UCKG.CA



Fully Recovered from 2 strokes

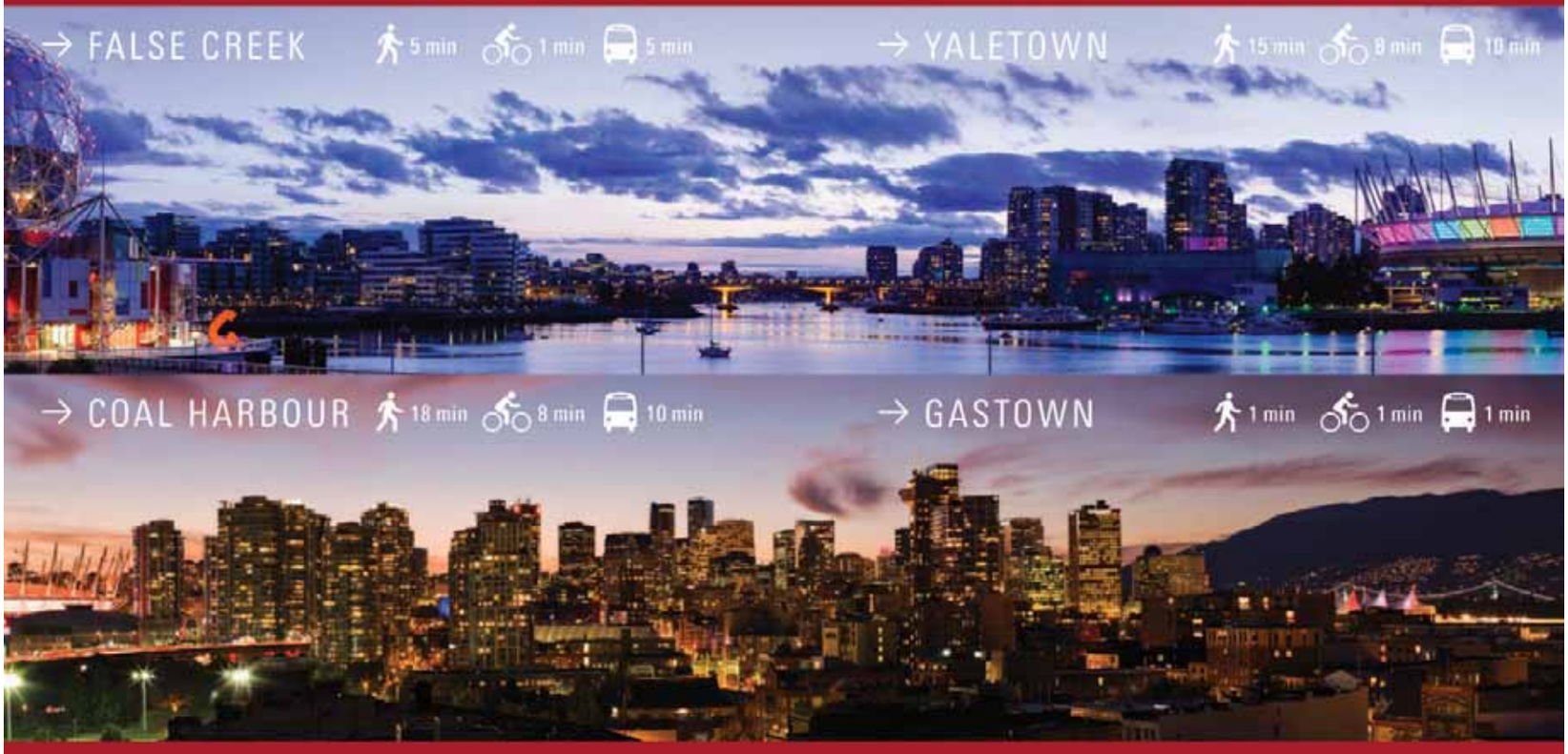
After 2 strokes my husband was submitted into intensive care, doctors said that he wouldn't be able to walk because the left half of his body was paralysed, but God answered my prayer and Juan is totally healed. Mariana

Receive the Blessed Handkerchief
September 15th
At 10am and 6pm

The Universal Church - Unit 2 - 3475 Kingsway, Vancouver BC | 604.436.3377

188 KEEFER 禄

188 Keefer is a high quality opportunity for **ACHIEVABLE HOME OWNERSHIP** in the city of Vancouver. An example of creative envisioning, excellent timing, progressive financing, and a key location – **188 Keefer** offers **panoramic view homes**, **luxurious interiors** and over 6,500 square feet of **indoor and outdoor amenities**.



SAVE UP TO $25,000 ON SELECT HOMES. ONE DAY ONLY. SEPTEMBER 14

OWN FROM 5% DOWN 1 BDR + DEN from $289,900 2 BDRS from $399,900

Visit Our Sales Centre
190 Keefer Street, Vancouver
Open Daily Noon–6PM, Closed Fridays

Subscribe Now
188KEEFER.COM 604 620 2018
We anticipate that 188 Keefer will be oversubscribed.

The Latest Project by Westbank, Canada's Premier Developer

Shangri-La Vancouver | Fairmont Pacific Rim | 60 W. Cordova | Woodward's | TELUS Garden

magnum

westbank

PRICE AND AVAILABILITY SUBJECT TO CHANGE WITHOUT NOTICE. THIS IS NOT AN OFFERING FOR SALE. ANY SUCH OFFERING MAY ONLY BE MADE BY WAY OF DISCLOSURE STATEMENT. E.&O.E.

Butler tips

Myth? Try this product for Dandruff relief

CHARLES THE BUTLER
askcharlesthebutler@metronews.ca
For more, visit charlesmacpherson.com

Recently while doing some research for an upcoming television segment I was exploring the different uses for baking soda. I found one in particular to share that's so great, I now use it almost every day myself. You see, I suffer from dandruff. It is embarrassing and so after trying every shampoo in the drugstore, I finally went to see a dermatologist who gave me a special medicated shampoo. It works perfectly and I am very happy. But while doing my research I read that washing your scalp with baking soda also helps control dandruff, so the next time I jumped into the shower I wet my scalp then scrubbed lightly with pure baking soda and let it sit while I finished my shower before rinsing it out. And to my great surprise it really works! My head has stopped itching and I don't have a dandruff issue. It is so easy and works so well I just had to share this with all of you! Give it a try and write back and tell me your personal experiences.

Try a little baking soda on your head. Not too much now. ISTOCK IMAGES

Curried Lamb Casserole: Not mom's soupy creation

ROSE REISMAN
For more, visit rosereisman.com or follow her on twitter @rosereisman

Curried Lamb Casserole with Sweet Potatoes

This recipe serves four and contains 296 calories per serving. MARK SHAPIRO, FROM ROSE REISMAN BRINGS HOME LIGHT COOKING.

Casseroles are excellent one-dish meals.

You can substitute stewing beef and use any combination of other root vegetables such as potatoes, turnips or parsnips.

Serve this over rice, polenta, mashed potatoes or a grain of your choice.

Ingredients

- 3/4 lb boneless leg of lamb, cut into 3/4-inch cubes
- All-purpose flour for dusting
- 1 tbsp vegetable oil
- 2 tsp crushed garlic
- 1 cup chopped onion
- 1 cup finely chopped carrots
- 1/2 cup finely chopped sweet green pepper
- 1 cup cubed peeled sweet potatoes
- 1 1/2 cups sliced mushrooms
- 2 1/2 cups beef stock
- 1/3 cup red wine
- 3 tbsp tomato paste
- 2 tsp curry powder

1. Dust lamb with flour.

2. In large nonstick oven pot, heat oil, sauté lamb for 2 minutes or just until seared all over. Remove lamb and set aside.

3. To pot, add garlic and onion and sauté for 5 minutes until soft. Add carrots and green peppers and mushrooms and sauté for another 5 minutes or until mushrooms are no longer wet.

4. Add sweet potatoes, stock, wine, tomato paste and curry powder. Return lamb to pan; cover and simmer for 1 1/2 hours, stirring occasionally until lamb is tender.

ROSE REISMAN BRINGS HOME LIGHT COOKING (ROBERT ROSE) BY: ROSE REISMAN

For your phone

Jamie's Recipes: Street Food (iPhone/iPad; $2.99 subscription)

MIND THE APP
Kris Abel
@RealKrisAbel
life@metronews.ca

It's like having a food truck hiding in your kitchen. Jamie Oliver's latest recipe pack offers popcorn chicken, sweet potato wedges, dim sum buns, fish 'n' chips, and dazzling hotdogs.

Side or dinner. Gluten-free Mac 'n' Cheese

Ingredients

- 1-1/2 cups (375 ml) PC Blue Menu Chicken Broth
- Half 250-g pkg cream cheese, cubed
- 2 cups (500 ml) shredded medium cheddar cheese
- 1/4 tsp (1 ml) freshly ground black pepper
- 1 pkg (340 g) PC Gluten-Free Macaroni

1. In large saucepan, heat broth covered over medium heat until it comes to a simmer, about 2 to 3 minutes. Uncover. Add cream cheese; cook, whisking, until it melts, about 3 to 4 minutes. Whisk in cheddar and pepper until cheese is melted, about 1 minute. Reduce heat to low to keep warm.

2. In large pot, bring 16 cups (4 L) salted water to a rapid boil. Add macaroni, stirring occasionally until water returns to a boil. Cook for 3 to 3-1/2 minutes, stirring occasionally, or until "al dente" or tender but firm. Drain well. Add to cheese sauce. Stir until well-coated, about 2 minutes. Serve immediately, garnished with chopped fresh parsley, if desired. PRESIDENT'S CHOICE

westbank
North America's leading residential developer is bringing the first fantastically designed and executed project to this Vancouver community, and it is surprisingly affordable.
YES HERE.
Coming Fall 2013
Priority Registration
KensingtonGardens.ca
KensingtonGardens
THIS IS NOT AN OFFERING FOR SALE. ANY SUCH OFFERING MAY ONLY BE MADE BY WAY OF DISCLOSURE STATEMENT. E.&O.E.

Rates. No need to panic for long term

LESLEY SCORGIE
For Metro

Rising mortgage rates have some Canadians in a panic to lock in for the long term.

But higher rates aren't necessarily bad. They force prospective homebuyers to save more prior to making their purchase, and ensure their personal debt levels are kept in check, ultimately protecting the broader Canadian economy from the perils of lax lending practices as seen in recent global financial crises.

Besides federal Finance Minister Jim Flaherty giving the banking industry a political nudge, fixed mortgage rates are rising due to the fact that they are closely tied to investor demand for government bonds, which has been on the rise.

One of the key implications of rising fixed mortgage rates is that it will be harder to qualify for a mortgage. This is because all mortgage applicants must now qualify under the posted five-year fixed mortgage rate, regardless of whether they select that type of mortgage or not.

Before you hang your head in frustration and give up on your search for a new home, rest assured, fixed mortgage rates are still highly attractive compared to historical standards. But you may need to save more for your down payment or reduce your debt levels in order to qualify. The silver lining in both of these options is that you will be better off financially in the long term.

The second implication is that in an environment where rates are increasing, many new homebuyers or owners on variable rate mortgages rush to lock in their rates, shielding themselves from the inevitability of higher borrowing costs. This strategy often suits risk-averse homebuyers.

But because the Bank of Canada's key lending rate, which is what the prime rate is tied to, has not increased in three years, Canadians with a higher appetite for risk can still take advantage of lower rate variable mortgages, which are derived off of the prime rate.

RBC Royal Bank

Chop ½% off your home equity credit line.

Switch and drop ½% instantly.

We'll even cover your switching costs*.
Switch to an RBC Homeline Plan® credit line at Prime + 1/2%. You could save as much as $5,000 in interest payments†. Get your rate in shape today.

Speak with an RBC Royal Bank® mortgage specialist today.
1-866-864-0420

Advice you can bank on™

*We will pay the basic title insurance fee, processing fee and one discharge fee (up to $300 maximum). Offer excludes mortgage prepayment charges that you may have to pay. Minimum advance $100,000. †Savings based on $100,000 secured line of credit with interest being paid over 10 years comparing a 3.5% and a 4.0% annual interest rate. The interest rate will fluctuate with the Prime Rate and is subject to change at any time without notice. Royal Bank of Canada Prime Rate is 3.0% as of August 7, 2013. Personal lending products are provided by Royal Bank of Canada and are subject to its standard lending criteria. ®/™Trademark(s) of Royal Bank of Canada. RBC and Royal Bank are trademarks of Royal Bank of Canada.

One of the first decisions to make when looking for a mortgage is whether you want financing through your financial institution, such as your local bank, or through a mortgage broker. COLOURBOX

Pros and cons of banker vs. broker

Whether you have decided to purchase a new home or renovate the existing one, one of the first decisions you will have to make is whether to seek out financing through your financial institution, such as your local bank, or through a mortgage broker.

The benefits of working directly with your financial institution are that you may receive preferential rates and reduced fees because the bank wants to keep your business. Banks also offer personal loans or lines of credit, which can be used towards home upgrades, providing homeowners with an alternative to refinancing an existing mortgage, paying cash for or charging renovations to a credit card.

The drawbacks are simply that you are limited to the products and rates offered by your institution.

But with hundreds of mortgage products on the market, it's hard to know whether you are selecting the right one. Therefore, many Canadians are turning to mortgage brokers to help wade through the selection and save money.

An independent mortgage broker isn't tied to any financial institution and works on behalf of you, the client, rather than the lender. Because they are not employees of any lending institution, mortgage brokers seek out the best mortgage options to suit your specific situation from a multitude of lenders — banks, trusts, private companies, or insurance firms. Brokers may also have access to mortgage products for purposes of refinancing or financing home improvements.

Mortgage brokers work directly with lenders, thus they can often get instant approvals and negotiate better rates and terms on your behalf.

When the broker matches a lender with a buyer and a mortgage is placed, the broker is paid by the lender, not the client. LESLEY SCORGIE

Shop around

- Before you sign up for a mortgage with any financial institution, shop around for the best rates and greatest repayment plan flexibility. Check out ratehub.ca for comparisons of the best mortgage rates in Canada among all financial institutions.

WHL

Giants' Ronning has 'NHL smarts'

Scott Bonner doesn't want to compare Ty Ronning to Brendan Gallagher, although the Vancouver Giants general manager can't help but bring up similarities the two undersized forwards share.

Ronning is the Giants' first-round pick from the 2012 WHL Bantam Draft, while Gallagher played four seasons with the Giants and has now graduated to the Montreal Canadiens.

"He's got some of that 'eff you' to his game that we lack," Bonner recently said of Ronning.

The "eff you" is a euphemism for something that, well, can't be said in print.

But you get the idea.

Listed at 5-9 and 160 pounds, Ronning, who has three points in three exhibition games for the Giants, has no choice but to play with a chip on his shoulder.

The odds instantly swing against the smaller player, particularly in the rough and rugged WHL.

Ronning, who turns 16 years old in October, is the son of Cliff Ronning, a key contributor to the Vancouver Canucks during their run to the 1994 Stanley Cup Final.

Like father, like son. Neither was blessed with height or a physically imposing stature. It's skill and intelligence where they've both been able to compensate.

"He's got NHL smarts. He can shoot the puck, fearless, moves well. He has a lot of the similar attributes to Brendan," said Bonner.

"Those guys are very dynamic for our league."

CAM TUCKER/METRO

Sedin twins hope to be career Canucks

NHL. Talks on a contract extension have begun; both hope to have a deal before regular season starts

CAM TUCKER
cam.tucker@metronews.ca

Wednesday wasn't the first time Daniel and Henrik Sedin have gone on record as saying they want to stay with the Vancouver Canucks.

And it appears the twins are hoping for a contract extension that keeps them in Vancouver for the remainder of their National Hockey League careers.

The Sedins, who turn 33 years of age later this month, are entering the final year of their respective five-year, $30.5-million contracts with the Canucks.

"I think for us, if we want to sign something here, it's going to be hopefully our last contract, maybe," Henrik Sedin, the Canucks' captain, told reporters at Rogers Arena on Wednesday, at the opening of training camp.

Canucks general manager Mike Gillis said the organization, the Sedins and their agent, J.P. Barry, have met to talk about possible contract extensions.

Both players would like to get a deal done prior to the start of the regular season, a sentiment echoed by Canucks management.

"The process will go on and hopefully it will be done before the season begins," said Gillis.

The extravagant artwork Daniel and Henrik have created on the frozen canvas with the puck over the years with the Canucks will now include something more blue-collar, in the form of shot blocking.

Not necessary by request of John Tortorella, but of the twins themselves, according to the new head coach.

"In talking to them, I think they want to do it," said Tortorella.

"When players like that are asking for it, to do those little things, not just with the puck but away from the puck, that's when you get your team where you want to be."

For the past several years, the Sedin twins have been the Canucks' most consistent offensive performers.

In the Tortorella era, more will be demanded of them without the puck, and that includes the possibility of killing penalties.

That's one of the biggest changes from Alain Vigneault's tenure.

"It will be interesting to see what happens but we're open to anything," said Daniel Sedin.

Henrik and Daniel Sedin are hoping to land contract extensions with the Canucks sometime soon. GETTY IMAGES FILE

Booth remains on shelf

David Booth, who suffered what the team first called an ankle sprain on March 16, has still not been cleared to play.

- Booth had surgery on the ankle last spring. His status is "day-to-day," said GM Mike Gillis.
- The 28-year-old winger, traded to the Canucks in October of 2011, has been plagued by injuries during his time in Vancouver. He has two years remaining on his contract, with an annual cap hit of $4.25 million.

Whitecaps' DeMerit 'not ready yet'

It's getting repetitive, but Jay DeMerit will not make his return to the Vancouver Whitecaps lineup this weekend.

Out since March 2 when he suffered a ruptured Achilles tendon, DeMerit had originally scheduled the Aug. 24 match against the L.A. Galaxy as a possible return date. That was three games ago.

The Whitecaps, reeling with only one win in their last eight games and now five points out of the final playoff spot in the Western Conference with seven games remaining in the season, are on the road to face the San Jose Earthquakes on Saturday.

Head coach Martin Rennie confirmed the news to reporters after Tuesday's training session at UBC.

"He's not ready yet," he said of DeMerit.

Rennie was then asked if he anticipated DeMerit being ready to return at all this late in the season.

"It's hard to say. He's come back from a pretty serious injury. And to get back up to full match fitness and sharpness at this point in the season where everybody's flying 100 per cent, it's not going to be easy."

DeMerit did make it into the 18-man squad in Saturday's crushing loss to FC Dallas but stuck to the bench.

"I think what you really have to be careful with in these times is coming back when you're not quite ready," said DeMerit.

"We're getting really close. Again the final decision comes down to the manager, so my job is just to keep working hard every day, keep doing extra every day and keep trying to get as many game-like activities."

CAM TUCKER/METRO

Jay DeMerit is not expected to make his long-awaited return this weekend. GETTY IMAGES FILE

4 SPORTS

Early signs point to the NFC West coming down to the Seattle Seahawks, led by QB Russell Wilson, pictured, and the San Francisco 49ers. STEVE DYKES/GETTY IMAGES

Seahawks, 49ers get down to talking

NFL. San Francisco and Seattle developing budding rivalry in the NFC West, with words and great play

They engage each other in bitter verbal back and forth from their respective posts separated by some 800 miles of the Pacific Coast.

They claim each other's waiver leftovers — not always, it seems, for a competitive advantage but rather in acts of gamesmanship.

Pete Carroll and Jim Harbaugh have been fierce rivals dating to their college coaching days when they were trading words and wins in the Pac-10.

Here we go again, it's 49ers-Seahawks Part I this week.

"You go out and make plays, the chirping stops," 49ers quarterback Colin Kaepernick said Wednesday.

Everybody involved knows the NFC West will likely come down to these two nemeses when this season's all said and done, with a pair of dynamic young quarterbacks leading the way. The 49ers have captured the last two division titles, after Seattle won in 2010 with a losing record.

The Seahawks are miffed at Harbaugh for several things.

They claim he honked his horn at their team bus leaving Candlestick Park after San Francisco's win last October. Safety Earl Thomas insists that will only serve as fuel, along with all of the other jabs from both sides in recent months.

At least some Seattle players considered the move as mockery. Harbaugh has denied the honk, calling it a "fabrication."

"Of course we'd take it that way," Thomas said Wednesday. "When you carry yourself like a champion on and off the field, good stuff is going to happen for you.... It just seems like he has a lot of personality, that's all fun and games. It's good for the sport of football. He's a competitor it seems like. Our coach is the same way. I don't think our coach would do that."

This budding rivalry between San Francisco and Seattle has intrigue on so many levels. And it appears to have staying power, too, as long as Carroll and Harbaugh keep winning and keep their jobs.

"They think they're the best, we think we're the best," 49ers running back Frank Gore said. THE ASSOCIATED PRESS

Men in uniform

In an effort to weed out unruly fans, the Seattle Seahawks say they will have undercover police officers wearing opposing team apparel beginning with Sunday night's game to ensure a safe environment for spectators.

CFL

In-team fight not so bad, Banks says

Emotions were running high at BC Lions practice Wednesday afternoon, as defensive back Korey Banks and defensive end Khreem Smith got into a scuffle.

"It was just something that happened," Banks told Team 1040 radio.

"It wasn't nothing too serious, though. We over it. Nothing really to talk about. First fight of the year though for our football team.

"Sometimes you need that."

The Lions, Grey Cup champs two years ago, have underwhelmed to this point in the season.

They sit third in the West Division with a 6-4 record but have struggled to find consistency and are coming off a loss and lacklustre effort for three quarters against the Hamilton Tiger-Cats this past weekend.

The Lions host the Montreal Alouettes Sunday at BC Place stadium. CAM TUCKER/METRO

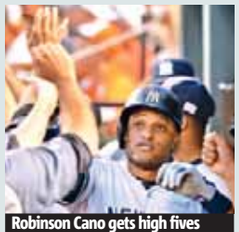
MLB

Yanks vault O's in wild-card race

Robinson Cano hit a tiebreaking homer leading off the ninth inning, and the New York Yankees also got solo shots from Alex Rodriguez and Curtis Granderson in a 5-4 victory over the Baltimore Orioles on Wednesday night.

The Yankees moved past Baltimore and Cleveland in the AL wild-card hunt. New York has hit eight home runs in winning two of three in the four-game series that concludes Thursday night.

The Yankees trailed 3-1 before Granderson homered in the fifth — New York's first hit — and Rodriguez tied it in the sixth with his 653rd career home run. THE ASSOCIATED PRESS



Robinson Cano gets high fives in the Yankees dugout on Wednesday night in Baltimore. GETTY IMAGES

NHL. Sabres lock into multi-year deal with former Canuck Hodgson

The Buffalo Sabres have re-signed centre Cody Hodgson to a six-year contract a day before the team opens training camp.

The Sabres announced the signing Wednesday after players reported for physicals. Hodgson was already in Buffalo and is expected to be present for the team's first practice Thursday.

He is a four-year NHL player who was a restricted free agent after the Sabres retained his rights by offering him a qualifying tender in June.

Hodgson centred Buffalo's top line last season and finished second on the team with 15 goals and 34 points in 48 games.

The Sabres acquired Hodgson in a trade with Vancouver in February 2012. Overall, he has 35 goals and 77 points in 139 career games. THE ASSOCIATED PRESS

Former Canucks standout prospect Cody Hodgson signed an extension to stay with the Buffalo Sabres on Wednesday. JEN FULLER/GETTY IMAGES FILE

MLB

AMERICAN LEAGUE

EAST DIVISION

	W	L	Pct	GB
Boston	89	58	.605	—
Tampa Bay	78	66	.542	9½
New York	78	68	.534	10½
Baltimore	77	68	.531	11
Toronto	67	78	.462	21

CENTRAL DIVISION

	W	L	Pct	GB
Detroit	84	62	.575	—
Cleveland	77	68	.531	6½
Kansas City	77	69	.527	7
Minnesota	63	81	.438	20
Chicago	58	87	.400	25½

WEST DIVISION

	W	L	Pct	GB
Oakland	84	61	.579	—
Texas	81	64	.559	3
Los Angeles	69	76	.476	15
Seattle	65	80	.448	19
Houston	49	96	.338	35

Wednesday's results
Kansas City 6 Cleveland 2
Pittsburgh 7 Texas 5
N.Y. Yankees 5 Baltimore 4
L.A. Angels 5 Toronto 4
Boston 7 Tampa Bay 3 (10)
Oakland 18 Minnesota 3
Detroit 1 Chicago White Sox 0
Houston at Seattle

Tuesday's results
Kansas City 6 Cleveland 3
N.Y. Yankees 7 Baltimore 5
L.A. Angels 12 Toronto 6
Boston 2 Tampa Bay 0
Pittsburgh 5 Texas 4
Minnesota 4 Oakland 3
Detroit 9 Chicago White Sox 1
Houston 13 Seattle 2

Thursday's games
All times Eastern
Oakland (Griffin 13-9) at Minnesota (Diamond 5-10), 1:10 p.m.
N.Y. Yankees (Huff 2-1) at Baltimore (Chen 7-7), 7:05 p.m.
L.A. Angels (Richards 6-6) at Toronto (Happ 4-5), 7:07 p.m.
Boston (Peavy 11-5) at Tampa Bay (Hellickson 11-8), 7:10 p.m.
Cleveland (Kluber 8-5) at Chicago White Sox (Danks 4-12), 8:10 p.m.

NATIONAL LEAGUE

EAST DIVISION

	W	L	Pct	GB
Atlanta	87	58	.600	—
Washington	76	69	.524	11
Philadelphia	67	78	.462	20
New York	64	80	.444	22½
Miami	54	90	.375	32½

CENTRAL DIVISION

	W	L	Pct	GB
St. Louis	85	60	.586	—
Pittsburgh	84	61	.579	1
Cincinnati	83	64	.565	3
Milwaukee	62	82	.431	22½
Chicago	62	83	.428	23

WEST DIVISION

	W	L	Pct	GB
Los Angeles	85	59	.590	—
Arizona	72	72	.500	13
San Diego	66	78	.458	19
Colorado	67	80	.456	19½
San Francisco	66	80	.452	20

Wednesday's results
Cincinnati 6 Chicago Cubs 0
San Francisco 4 Colorado 3
Philadelphia 4 San Diego 2
Miami 5 Atlanta 2
Washington 3 N.Y. Mets 0
St. Louis 5 Milwaukee 1
Arizona at L.A. Dodgers

Tuesday's results
San Diego 8 Philadelphia 2
Chicago Cubs 9 Cincinnati 1
Atlanta 4 Miami 3
Washington 6 N.Y. Mets 3
St. Louis 4 Milwaukee 2
L.A. Dodgers 5 Arizona 3 (11)
Colorado 9 San Francisco 8

Thursday's games
All times Eastern
Atlanta (Garcia 0-1) at Miami (Eovaldi 3-6), 12:40 p.m.
Washington (Roark 5-0) at N.Y. Mets (Harang 0-0), 1:10 p.m.
San Diego (Ross 3-7) at Philadelphia (Halladay 3-4), 7:05 p.m.
Chicago Cubs (Rusin 2-3) at Pittsburgh (Locke 9-5), 7:05 p.m.
Milwaukee (Thornburg 1-1) at St. Louis (Kelly 8-3), 8:15 p.m.
San Francisco (Cain 8-9) at L.A. Dodgers (Greinke 14-3), 10:10 p.m.

CFL

EAST

	GP	W	L	T	PF	PA	Pt
Toronto	10	6	4	0	290	259	12
Hamilton	10	5	5	0	266	277	10
Montreal	10	4	6	0	245	285	8
Winnipeg	10	2	8	0	217	308	4
WEST							
Saskatchewan	10	8	2	0	325	227	16
Calgary	10	8	2	0	320	246	16
B.C.	10	6	4	0	265	266	12
Edmonton	10	1	9	0	234	294	2

WEEK 12
Friday's game — All times Eastern
Hamilton at Calgary, 9 p.m.
Saturday's games
Winnipeg at Edmonton, 6:30 p.m.
Toronto at Saskatchewan, 9:30 p.m.
Sunday's game
Montreal at B.C., 4:30 p.m.

NFL

Monday's results
Philadelphia 33 Washington 27
Houston 31 San Diego 28
WEEK 2
Thursday's game — All times Eastern
N.Y. Jets at New England, 8:25 p.m.
Sunday's games
Carolina at Buffalo, 1 p.m.
Dallas at Kansas City, 1 p.m.
San Diego at Philadelphia, 1 p.m.
Miami at Indianapolis, 1 p.m.
St. Louis at Atlanta, 1 p.m.
Washington at Green Bay, 1 p.m.
Cleveland at Baltimore, 1 p.m.
Tennessee at Houston, 1 p.m.
Minnesota at Chicago, 1 p.m.
Detroit at Arizona, 4:05 p.m.
New Orleans at Tampa Bay, 4:05 p.m.
Denver at N.Y. Giants, 4:25 p.m.
Jacksonville at Oakland, 4:25 p.m.
San Francisco at Seattle, 8:30 p.m.
Monday, September 16
Pittsburgh at Cincinnati, 8:40 p.m.

MLS

Wednesday's result
Chicago 1 Toronto 1
Friday's game
All times Eastern
Salt Lake at Seattle, 10 p.m.

Horoscopes

♈ Aries
March 21 - April 20
If you're not in the mood for work then don't push it. Your perspective on life is changing and because of that you may find it hard to focus on one thing at a time. It's no big deal.

♉ Taurus
April 21 - May 21
Anything of a serious nature should be left until tomorrow or even the weekend because you won't be able to give it your best shot today. Come tomorrow, you may decide it's not worth any kind of shot.

♊ Gemini
May 22 - June 21
A domestic problem requires a solution and the only way you are going to find it is by giving the situation your full attention. Don't let sob stories steer you away from the truth.

♋ Cancer
June 22 - July 23
Let everyone know what you think and let everyone know that you are not the sort who can be easily fooled. A positive, confident attitude will work wonders today, even if you are trembling a bit on the inside.

♌ Leo
July 24 - Aug. 23
You are worrying too much about your finances. Yes, of course, you have bills to pay but dwelling on it won't solve your cash flow issues. Get out there and make some money.

♍ Virgo
Aug. 24 - Sept. 23
It may at times seem as if the world is a hostile place but it's not as bad as you think. Make an effort to see the good things, and good people, around you today. You'll feel better on every level.

♎ Libra
Sept. 24 - Oct. 23
Whatever your aims in life, the most important thing you can do right now is make others happy. You have a gift for making people smile. Use it.

♏ Scorpio
Oct. 24 - Nov. 22
No matter what bad things may be going on in the world, you are fortunate enough to be surrounded by people who genuinely care for you. They think you're special, and you are. Treat them special, too.

♐ Sagittarius
Nov. 23 - Dec. 21
Don't let others' negativity rub off on you. You do best when you are cheerful, so steer clear of those who seem to enjoy wallowing in despair.

♑ Capricorn
Dec. 22 - Jan. 20
A small act of kindness on your part will make a big difference to someone you interact with today. Don't just go through the motions. Connect with them. It's about being human.

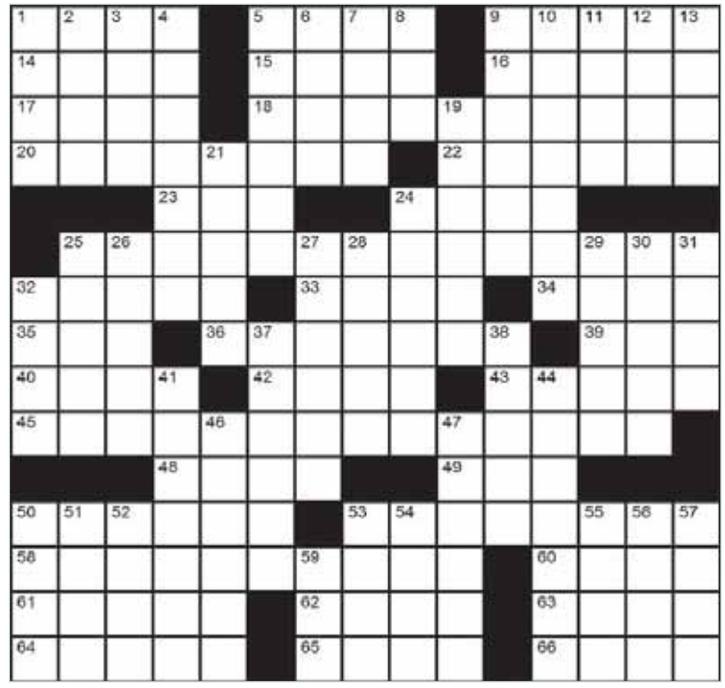
♒ Aquarius
Jan. 21 - Feb. 19
Sometimes you take life too seriously and that seems to be your main problem at the moment. Yes, of course, things could be better but, on the other hand, are they really so bad? It depends how you look at the world.

♓ Pisces
Feb. 20 - March 20
A loved one's words may be jumbled and hard to understand but make the effort anyway because once you "get" the message they are trying to convey, you will see how relevant it is to you. Listen and learn. SALLY BROMPTON

Crossword: Canada Across and Down

See today's answers at metronews.ca/answers.

BY KELLY ANN BUCHANAN



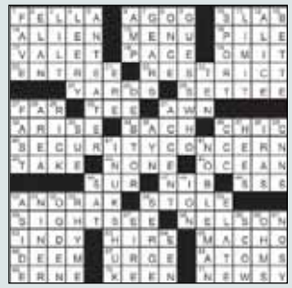
Across

1. Orange covering
5. Shoe type
9. Feigned flattery
14. Interest __
15. Famous spy, Mata __
16. __ _ (Not difficult school course, in slang)
17. "Say it __ so!"
18. 1997 Radiohead album: 2 wds.
20. Cuisine of Quebec: Tourtieres are what?: 2 wds.
22. In jeopardy: 2 wds.
23. Suffix with 'Auction'
24. Unfeigned
25. Beginning of Longfellow's poem Evangeline: A Tale of Acadie... "This is the __ __."
32. Cock-a-doodle-doo time
33. Goo Goo Dolls hit
34. Singer Ms. Mouskouri
35. Switch selections
36. Triangular spicily-stuffed pastries
39. Single
40. Many a moon
42. Ho Chi __ City
43. Lazybones
45. Garlic press, and others: 2 wds.
48. Phoned
49. Texter's "Are you serious?!"
50. Happen
53. Band that covered Joni Mitchell's song "This Flight Tonight"
58. Type of agent: 2 wds.
60. Repeat
61. The J. __ Band
62. Cosmetics company
63. Actress Ms. Gray
64. Accounting firm, __ & Young
65. Sprightlinesses
66. "You __ My Battleship!"

Down

1. Refined
2. Informality
3. Famous volcano
4. __ _ (What 'Flavour' in Canada has that 'Flavor' in The States doesn't)
5. Sunday performers
6. Toronto's water, __ Ontario
7. Creatures of folklore
8. Armani fragrance, Acqua Di __
9. Nose part
10. Ms. McTeer (Wife of 16th Prime Minister Joe Clark)
11. Sparkling wine city of Italy
12. Whiskey grains
13. Mr. Wahlberg
19. Ms. Tomei of movies
21. Friends, in slang
24. Country songstress Ms. Yearwood
25. Mushrooms, as examples
26. Commencement
27. "Bad __" by Blue Rodeo
28. Pitchfork part
29. Bank safe
30. Author Ms. Rice's
31. Hideaway
32. Drench
37. Betters
38. Greek alphabet's 'S'
41. Monk's manuscripts
44. Donald Sutherland movie, "Six __ of Separation" (1993)
46. Most hearty
47. Amounts in egg cartons
50. Cheer on
51. Not ever, poetically
52. Gladly
53. Place for pews
54. Perched on
55. Stockings shade
56. Watered down
57. Use the car's horn
59. Pencil's noise-on-desk sound

Yesterday's Crossword



Sudoku

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

	1		8					4
			3				5	7
3	5		2					
	6		7	4		1		9
4		9		2	5		8	
					9		7	6
8	4				2			
7					8		3	

Yesterday's Sudoku

2	9	3	8	5	1	4	6	7
6	4	7	9	2	3	5	1	8
5	8	1	4	7	6	9	2	3
4	7	5	6	1	9	8	3	2
8	3	2	7	4	5	1	9	6
1	6	9	2	3	8	7	5	4
3	1	4	5	8	2	6	7	9
9	2	8	1	6	7	3	4	5
7	5	6	3	9	4	2	8	1

Today
24°/17°
Sunny

Friday
23°/17°
Sunny

Know what the weather will be 14 days from now.
Check the 14 day trend.
TWN incorporates MSC data

visit metronews.ca
metro

FLIGHT CENTRE®
The Airfare Experts
1 866 519 5111
flightcentre.ca

Las Vegas
Flights + 3 Nights
from $269‡
INCLUDES flights from Bellingham and 3-star accom on the Strip. UPGRADE to 4-star accom from $10 per night.

Conditions apply. ‡Ex: Bellingham. Package prices are per person, based on double occupancy for total length of stay unless otherwise stated. Prices are for select departure dates and are accurate and subject to availability at advertising deadline, errors and omissions excepted, and subject to change. Taxes & fees include transportation related fees, GST/HST and fuel supplements and are approximate and subject to change. BC REG: #HO2790

S

Corolla S shown.

You've seen COROLLA many times. But we're sure you've never seen one quite like this.

Introducing the totally redesigned 2014 Corolla. A sleek, expressive exterior design is wrapped around a bold, spacious interior. Take a seat behind the wheel and you'll find impressive attention to detail, starting with its premium soft touch materials. And with a great list of technologically advanced features like a 6.1" Touchscreen Display Audio System with Voice Recognition, a Backup Camera and an available Moonroof that gives you a great view day or night – you'll have more reasons than ever to show it off. No matter how you look at it, it's still the car you can rely on. Only now, you can rely on it to turn a few heads also.

- Available Push Button Start and Smart Key Entry

- Responsive Dual VVT-i engine

- Available CVTi-S transmission with Paddle Shifters for a sporty driving feel

- Stylishly accented Chrome Exhaust Tip

- Sleek, compact LED headlamps

- 6.1" Touchscreen Display Audio with Bluetooth, USB Audio Input, Voice Recognition and Backup Camera

TOYOTA

toyota.ca